

SUMMA AKRON CITY HOSPITAL

# ONCOLOGY NUTRITIONAL SERVICES



## Free One-on-One Nutritional Services Now Available

Cancer patients and their families now have access to a dietitian for free, one-on-one nutritional support and counseling. Clinical Dietitian Lee Ann DiBiase, MS, RD, LD is available several hours each week to assist with the following:

- Evaluate height, weight, weight history, and physical data
- Assess any symptoms relating to treatment and/or disease that may be causing eating issues
- Assist with teaching meal planning and preparation
- Reviewing methods in choosing foods that support the body during treatment
- Developing an individualized nutrition plan.

Initial appointments will be available in 30- or 45-minute sessions and are dependent upon the patient's and family's individual needs. Follow-up appointments, available in 15-minute sessions, will review the following:

- Identifying positive and negative outcomes of the original diet plan
- Obtaining diet intake
- Making changes to the diet plan
- Answering any questions that may result from following new nutritional guidelines.

We recommend you consider making an appointment if you:

- Experienced or are experiencing weight loss as a result of treatment
- Have head or neck cancers
- Are unable to maintain usual eating or food intake
- Have a limited appetite or are eating poorly
- Experience nausea and/or vomiting
- Are constipated or experience diarrhea
- Have mouth or throat sores
- Are consuming only liquids
- Are experiencing feelings of depression

To schedule a free nutritional consultation, please call (330) 375-6111. For more information or to take home nutritional booklets and information, please visit the Susan Deveny Pavloff Cancer Resource Library.