

# Laparoscopic (Minimally Invasive) Gastric Bypass and Lap-Band Surgery



The Summa bariatric program treats patients with a dedicated team approach.

- Surgeon
- Medical Director
- Program Director
- RN Case Manager
- Financial Counselor
- Dietitian
- Exercise Physiologist
- Psychologist



## Alternative treatments for weight management and obesity from Summa's Advanced Bariatric Care and Weight Loss Management Program.

Most patients with obesity have repeatedly tried and failed to control their weight through dieting alone. Weight loss surgery may be the best option for those patients with a BMI above 40 (or a BMI of 35 with associated co-morbidities) who cannot maintain weight loss through diet and exercise. For patients who are not surgical candidates or who do not wish to consider surgery, Summa's medical weight loss management program may be the answer.

Summa's comprehensive, hospital-based **Surgical Management Program** is the only one of its kind in Summit County, with surgeons specially trained in laparoscopic weight loss surgery. The program offers both the laparoscopic Roux-en-Y gastric bypass and

Laparoscopic Adjustable Gastric Band (Lap-Band<sup>®</sup>) procedures. Our program also offers the open gastric bypass and/or revisional surgery to selected patients. All patients who enroll in Summa's program must complete an extensive evaluation by our multidisciplinary team, and a final decision regarding their eligibility for surgery is made by the surgeon.

Our **Medical Management Program** is a 3-tiered program offered in phases. It is physician supervised and includes a prescribed eating plan, individual and group education, and a structured exercise plan overseen by exercise specialists at a community fitness center.

The Advanced Bariatric Care Program is part of Summa's Minimally Invasive Surgery Institute. To make a referral, please call (330) 375-6590.





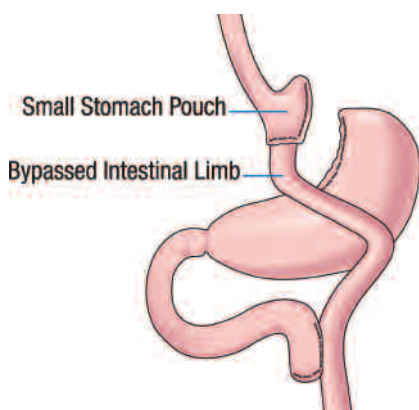
## Comprehensive program required of all patients:

- Intensive pre- and post-operative education
- Extensive pre-operative evaluation
- Lifelong support groups
- Structured exercise program

## Roux-en-Y Gastric Bypass

With over 80,000 gastric bypass procedures performed annually in the U.S., it is the most frequently used and successful procedure for obesity. During surgery, the normal anatomy of the stomach and small intestine is altered to restrict the size of the stomach and limit absorption. The surgeon evaluates each patient to create an individually tailored surgical plan.

At Summa, our primary focus is laparoscopic or minimally invasive surgery. In some instances an open procedure may be required, and our program offers that option if needed. The advantages of the minimally invasive approach include decreased incisional pain, a shorter hospital stay and a faster recovery.



## BENEFITS OF SUMMA BARIATRIC PROCEDURES

### RY Gastric Bypass:

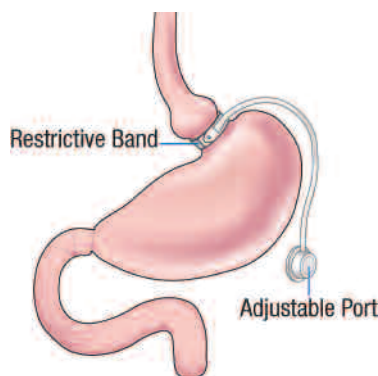
- 70% EBW lost over 12 to 18 months
- Involves stapling/cutting intestine and stomach
- Not reversible

### Lap-Band:

- 50-60% EBW lost over 24 months
- Lower mortality
- No stomach stapling or cutting; no intestinal rerouting
- Adjustable and reversible
- Lower risk of malnutrition

## Lap-Band® System

More than 120,000 Lap-Bands have been placed worldwide. This procedure is also done laparoscopically and involves implantation of a hollow silicone band around the top of the stomach. By inflating or deflating the band with saline (accessed through a subcutaneously placed port), the band can be adjusted to regulate how much food the stomach can hold.



[www.summahealth.org](http://www.summahealth.org)