

Sports Performance Programs Code of Conduct



As a participant in this program, I agree to follow the following policies and procedures during my participation in the program.

1. I will check in EACH SESSION at the front desk of the Summa Wellness Institute.
2. Upon checking in, I will then go directly into the gymnasium specified for this program.
3. No horseplay, rude behavior or inappropriate behavior will be tolerated during the training sessions as this takes away from the others in the session.
4. I understand that I do not have access to the locker rooms, sauna/steam room, weight room, pool or any area of the Summa Wellness Institute unless I am a member.
5. I will arrive 15-20 minutes early for my session and be in the gymnasium prepared for the session 5 minutes before the start of the session.
6. I will exit the gym area immediately after the session is complete and not loiter in the facility.
7. Proper attire is required: NO cut off shirts; no half shirts; no tank tops; clothing with rude or questionable graphics/wording as determined by the staff.
8. I will respect my teammates, as well as the instructors.
9. I will respect the members and staff of the Summa Wellness Institute.
10. No spitting
11. No chewing
12. No food in the area, but plastic water bottles or sports drink bottles will be allowed; Disposal of these bottles after the class is the responsibility of each participant.

I understand that if I break any of these rules, the staff may remove me from the program without a refund.

Athlete's Signature

Date

Athlete's Name Printed

Parent/Guardian's Signature (if under 18)

Date

Summa Wellness Institute
5625 Hudson Dr., Hudson
(330) 342-4400

Pre-Registration Required: Summa Wellness Institute at 330-342-4400

Mail in:

Summa Wellness Institute

5625 Hudson Dr.

Hudson, OH 44236

Checks Payable to: Summa Wellness Institute

www.summahealth.org/sportshealth



