

Summa Center for Sports Health's 5TH ANNUAL SYMPOSIUM

Symposium is in conjunction with Summa Orthopaedics and Sports Medicine
and Kent State University Athletic Training Education Program.



Friday, February 26 and Saturday, February 27
Summa Akron City Hospital



www.summahealth.org/sportshealth

Symposium will include:

- Panel Discussion with presenters on both days
- Continental breakfast, lunch and snacks included
- CD of presentations
- Free parking



Concentrations in:

- Joint Replacements in Active Adults
- Vitamin D Deficiency and Musculoskeletal Pain
- Cramping in Sports
- Building Rapport with Coaches for Effective Communication
- Biomechanical Movement Systems: Research utilizing the Swiss TTP on injuries and flexibility in elderly patients
- Tri-athlete Challenges – Training Flaws and Common Injuries
- Throwing Continuum: Youth to High School to Weekend Warrior - Common injuries, return to participation progression, off season and pre-hab
- Running Continuum: Youth to High School to Weekend Warrior - Common Injuries, Return to participation, mileage, and runners 10
- Golf Continuum: Youth to High School to Weekend Warrior - Common Injuries and Postural Analysis
- Posture Analysis for Golf
- Basic Bike Fit
- Kettle Bell Training – hands on approach
- Movement Impairment Evaluation of the Lower Extremity

For more information, contact Hollie Kozak at 330-379-5356 or visit our website at www.summahealth.org/sportshealth. Registration begins January 10, 2010 by calling 330-379-9229 or 800-237-8662 or on-line.



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