



Summa Center
for Sports Health's
**5TH ANNUAL
SYMPOSIUM**

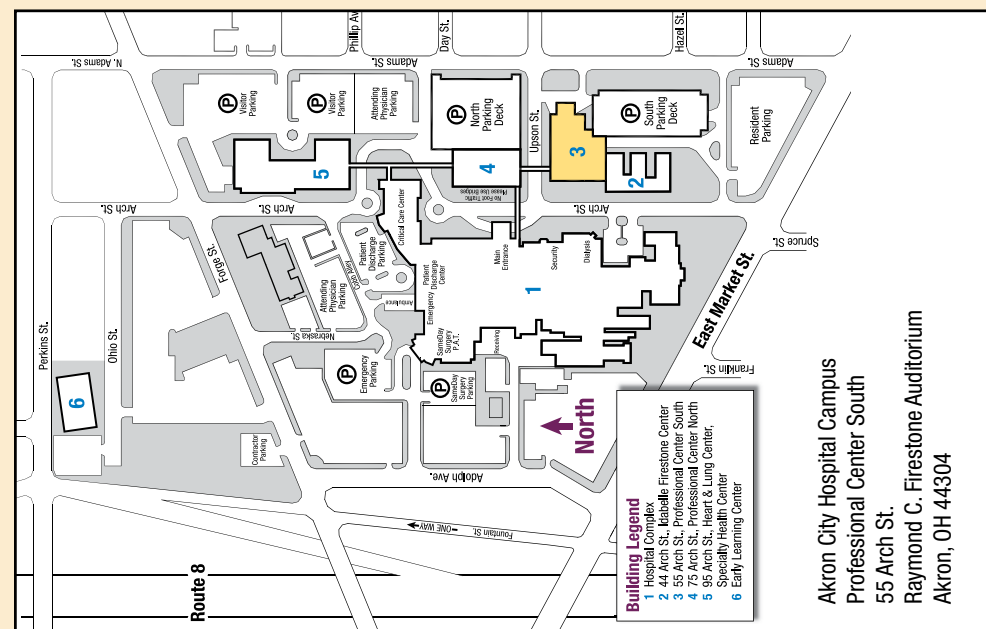
A multi-disciplinary approach is being taken towards the symposium allowing surgical and non-surgical physicians athletic trainers, physical therapists, and other members of the sports medicine team to discuss current sports medicine topics.

In addition to lectures, participants will have an opportunity to openly discuss with the presenters the various topics during the open forum each day. Each participant will be able to choose topics in the afternoon to attend since there will be concurrent sessions running.

Nonprofit Organization
U.S. Postage PAID
Akron, Ohio
Permit No. 83



Summa Health System
525 East Market Street
P.O. Box 2090
Akron, OH 44309-2090



Akron City Hospital Campus
Professional Center South
55 Arch St.
Raymond C. Firestone Auditorium
Akron, OH 44304

Summa Center
for Sports Health's
**5TH ANNUAL
SYMPOSIUM**



Friday, February 26 and Saturday, February 27, 2010
Summa Akron City Hospital
Professional Center South, Firestone Auditorium

This symposium is in conjunction with
Summa Health System Orthopaedics and
Kent State Athletic Training Education Program



PROGRAM AGENDA

Friday, February 26

8:00 am – 8:05 am	Welcome
8:05 am – 8:40 am	Cramping in Sports: Causes, Prevention, and Treatment – Nilesh Shah, MD
8:40 am – 9:15 am	NSAIDS Use in Athletic Injuries - Trevor Bullock, DO
9:15 am – 9:50 am	Vitamin D Deficiency and Musculoskeletal Pain - Tom Bartsokas, MD
9:50 am – 10:35am	Panel Discussion
10:35 am – 10:50am	Exhibits / Break
10:50 am – 11:35 am	William Moats Lecture: “The Management of Sports-related Concussion: Current Clinical Guidelines” - Mark R. Lovell, Ph.D., FACPN
11:35 am – 12:15 pm	Lunch Provided
12:15 pm – 12:50 pm	Sports Medicine Case Studies - TBA



CONCURRENT SESSIONS

TIME	PODS	PSC Basement Auditorium
12:55 – 1:40	Athletic Trainers in Non-Traditional Settings – Panel	Building a Rapport w/Coaches for Effective Communication - Terry Slattery, ATC
1:40 – 1:55	Break / Exhibitors	Break / Exhibitors
1:55 – 2:40	Transitioning the Patient to Return to Athletics: Strength Training Considerations - Mike Flaherty, PT	Hyponatremia in Sports - Ryan Wagner, MD
2:40 – 3:55	Effects of Biomechanical Stimulation on Athletic Injuries and Flexibility - Kimberly Peer, Ed.D, ATC and Jacob Barkley, PhD	Visual Consequences of a Concussion Which Affect Performance - Drusilla H. Grant, O.D., FCOVD

3:55 pm – 4:30 pm | Panel Discussion
4:30 pm | Q&A / Conclusion

COURSE FACULTY:

- | | |
|--|---|
| Terri Angelo, ATC – Summa Health System | Jim Micali, PT, CSCS – Summa Lake Anna Health Center |
| Jacob E. Barkley, PhD – Kent State University | Kim Peer, Ed.D, ATC – Kent State University |
| Tom Bartsokas, MD – Summa Orthopaedics and Sports Medicine | Jason R. Placeway DC, NSCA-CPT – Mt. Lookout Chiropractic and Sports Injury Center |
| Trevor Bullock, DO – Summa Health System Family Medicine | Beth Roth, PT – Summa Health System |
| Justine Carlson, ATC – Lake Anna YMCA and Summa Center for Sports Health | Nilesh Shah, MD – Summa Orthopaedics and Sports Medicine |
| Mike Flaherty, PT – Summa Health System | Terry Slattery, ATC – Kent Roosevelt High School |
| Jeremy Ford, ATC – Summa Center for Sports Health and Tallmadge High School | Ryan Wagner, MD – Aultman Health Foundation |
| Sean Gilbert – Bike Authority | Ellen Walker, PT – Summa Health System |
| James Goff, DO – Summa Orthopaedics and Sports Medicine | Brian Yoak, ATC – Cross Fit Legacy and Summa Center for Sports Health |
| Drusilla H. Grant, O.D., FCOVD – Grant Vision Care | |
| Kenneth Greene, MD – Cleveland Clinic | |
| Jim Harris, ATC – Aultman Health Foundation | |
| Kimberly Kramer, ATC | |
| Thom Krupar, PT – Concorde Physical Therapy | |
| Gary Lake, ATC – Summa Health System | |
| Mark R. Lovell, Ph.D., FACPN – UPMC Sports Medicine Concussion Program | |

Saturday, February 27

8:00 am – 8:05 am	Welcome
8:05 am – 8:40 am	Tri-athlete Challenges: Training Flaws and Common Injuries - Beth Roth, PT
8:40 am – 9:15 am	Common Throwing Injuries from Youth to Adult - James Goff, DO
9:15 am – 9:50 am	Common Running Injuries from Youth to Adult - Tom Bartsokas, MD
9:50 am – 10:05 am	Exhibits / Break
10:05 am – 10:40 am	Common Injuries in Golf from Youth to Adult - Gary Lake, ATC, LAT
10:40 am – 11:30 am	Panel Discussion
11:30 am – 12:15 pm	Lunch Provided
12:15 pm - 12:50 pm	Return to Sports After Total Joint Replacements - Kenneth Greene, MD

CONCURRENT SESSIONS

TIME	PODS	PSC Basement Auditorium
12:55 – 1:40	Posture Analysis and Golf - Terri Angelo, ATC, LAT	Running: Return to Participation Progression - Ellen Walker, PT
1:40 – 1:55	Break / Exhibitors	Break / Exhibitors
1:55 – 2:40	Throwing: Progression to Return, Off Season Conditioning - Thom Krupar, PT	Basic Bike Fit to Avoid Cycling Injuries - Sean Gilbert
2:40 – 3:55	Developing Pillar Strength With Kettlebells - Jim Micali, PT, CSCS	Movement Impairment Evaluation of the Lower Extremity - Jason R. Placeway DC, NSCA-CPT

3:55 pm – 4:30 pm | Panel Discussion
4:30 pm | Q&A / Conclusion

FEES:

- \$155 Physicians and ATC/PT/PTA/OT
- \$90 Summa and Kent State University Employees
- \$40 AT, PT, PTA, OT students
- \$95 Friday or Saturday only (no CD included)
- FREE Residents

Fee includes continental breakfast and lunch both days, instructional CD and parking in the 55 Arch St. Deck ONLY.

PRE-REGISTRATION DEADLINE:

February 10, 2010

NOTE: If payment in full is not received BEFORE this date, there will be a \$20 processing charge for registrations between February 11 – February 25. No registrations will be accepted at the door.

CONTINUING EDUCATION CREDIT:

ATHLETIC TRAINERS: Summa Health System is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. Provider number is P632 and is approved for 6.5 hrs on Friday and 6.5 hrs on Saturday. This is an essential level program.

PHYSICAL THERAPISTS/ASSISTANTS: OPTA pending 6.5 CEU on Friday and 6.5 on Saturday

OCCUPATIONAL THERAPISTS/ASSISTANTS: Ohio OT Board pending 6.5 CEU on Friday and 6.5 on Saturday

PHYSICIANS: There will be NO CME offering for physicians

NURSES: Nurses can use credits provided by a professional association of any discipline which is nationally accredited to approve continuing education for the CNE required for re-licensure.

LOST OR REPLACEMENT CERTIFICATES:

There will be a \$10 charge for any lost or replacement certificates. Certificates will be passed out at the end of each day.

CANCELLATION POLICY:

All cancellations must be submitted in writing and received seven days prior to symposium date for a full refund. A 50% refund will be given if written notice is received after seven days prior to symposium BUT within 24 hours of the symposium start. There will be no refunds if written cancellation is not received within 24 hours of the start of the symposium. Summa Health System reserves the right to cancel any symposium and participants will receive a full refund. Cancellations can be emailed to: kozakh@summa-health.org

LOCATION:

Summa Akron City Hospital Campus Professional Center South
55 Arch St.
Raymond C. Firestone Auditorium
Akron, OH 44304

For directions, visit summahealth.org

FOR MORE INFORMATION:

Call **Hollie Kozak (330-379-5356)**

REGISTRATION FORM

FEES:

BEFORE February 10

- \$155 Physicians and ATC/PT/PTA/OT and nurse
- \$155 Personal Trainer and CSCS
- \$90 Summa and Kent State University Employees
- \$40 AT, PT, PTA, OT students
- \$95 Friday or Saturday only (no CD included)
- FREE Residents (must still register)

Registration between Feb. 11 and Feb. 25 will incur an additional \$20 processing fee.

Fee includes continental breakfast and lunch both days, instructional CD and parking in the 55 Arch St. Deck ONLY.

NOTE: There will be no CME credit for physicians for this course

Please complete and return this registration form with your check or call **800-237-8662** for credit card registration. Online registration is available at summahealth.org/sportshealth

NAME: _____

ORGANIZATION: _____

SUMMA EMPLOYEES: Campus location: _____

SUMMA EMPLOYEE ID#: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAYTIME PHONE: _____

EVENING PHONE: _____

EMAIL ADDRESS: _____

BOC # (ATs only): _____

LICENSE # (AT, PT, PTA, OT, OTA) _____

Please circle ALL that apply:

MD DO RESIDENT PT AT PTA OT OTA STUDENT
Personal Trainer CSCS Nurse PRESENTER COMMITTEE MEMBER EXHIBITOR

Other _____

I WILL BE ATTENDING:

Both days

Friday Only

Saturday Only

VEGETARIAN MEAL REQUEST

Friday (lent) yes no

Saturday yes no

Make checks payable to:

Summa Health System
ATTN: Summa Connections – Sports Health Symposium
444 N. Main St.
Akron, OH 44310