

Sports Health Symposium Agenda

FRIDAY

	RAYMOND FIRESTONE AUDITORIUM
8:05 - 8:40	Cramping in Sports: Causes, Prevention and Treatment - Nilesh Shah, MD
8:40 - 9:15	NSAIDS use in Athletic Injuries - Trevor Bullock, DO
9:15 - 9:50	Vitamin D Deficiency and Musculoskeletal Pain - Tom Bartsokas, MD
9:50 - 10:35	Panel Discussion
10:35 - 10:50	Exhibitors and Break
10:50 - 11:35	William Moats Lecture: "The management of sports-related concussion: current clinical guidelines" - Mark R. Lovell, Ph.D., FACPN
11:35 - 12:15	Lunch
12:15 - 12:50	Sports Medicine Case Studies (2-4 case studies presented)

CONCURRENT SESSIONS

	PODS	PCS AUDITORIUM
12:55 - 1:40	AT's in Non-Traditional Settings - Panel Discussion: J. Ford - Corporate Health; Sales - Dave Frisbee; Sports Performance/own business: Brian Yoak; Fitness Director - Justine Carlson; ; Jim Harris - Administration; Kimberly Kramer, ATC - Physician Extender	Building a Rapport w/Coaches for Effective Communication - Terry Slattery, ATC and John Nemecek - Kent Roosevelt football coach
1:40 - 1:55	Exhibitors and Break	Exhibitors and Break
1:55 - 2:40	Transitioning from Patient to Return to Athletics: Strength Training Considerations - Mike Flaherty, PT, CSCS	Hyponatremia in Sports - Ryan Wagner, MD
2:40 - 3:55	Effects of Biomechanical Stimulation on Athletic Injuries and Flexibility- Kimberly Peer, Ed.D, ATC and Jacob Barkley, PhD	Visual Consequences of a Concussion which affect Performance - Drusilla H. Grant, O.D., FCOVD
	RAYMOND FIRESTONE AUDITORIUM	
3:55 - 4:30	Panel Discussion	
4:30 - 4:35	QA and Certificates	

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SATURDAY

RAYMOND FIRESTONE AUDITORIUM	
8:05 - 8:40	Tri-athlete Challenges: Training Flaws and Common Injuries - Sally Price
8:40 - 9:15	Common Throwing Injuries from Youth to Adults - James Goff, DO
9:15 - 9:50	Common Running Injuries from Youth to Adult - Tom Bartsokas, MD
9:50 - 10:05	Exhibitors and Break
10:05 - 10:40	Common Golf Injuries from Youth to Adults - Gary Lake, ATC, LAT
10:40 - 11:30	Panel Discussion
11:30 - 12:15	Lunch
12:15 - 12:50	Return to Sports after Total Joint Replacements - Kenneth Greene, MD

CONCURRENT SESSIONS

	PODS	PCS AUDITORIUM
12:55 - 1:40	Posture Analysis and Golf - Terri Angelo, ATC, LAT	Running: Return to Participation Progression, cross training, mileage - Ellen Walker, PT
1:40 - 1:55	Exhibitors and Break	Exhibitors and Break
1:55 - 2:40	Throwing: Progression to return, off season conditioning, pre-hab - Thom Krupar, PT	Basic Bike Fit to Avoid Cycling Injuries - Sean Gilbert
2:40 - 3:55	Developing Pillar Strength With Kettlebells - Jim Micali, PT, CSCS	Movement Impairment Evaluation of the Lower Extremity - Jason R. Placeway DC, NSCA-CPT
RAYMOND FIRESTONE AUDITORIUM		
3:55 - 4:30	Panel Discussion - RF Auditorium	
4:30 - 4:35	QA and Certificates	