

# thrive

for every season of your life

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 **SUMMA**  
Health System

[summahealth.org](http://summahealth.org)

A Publication of Summa Health System Fall 2011



## SUMMA HEALTH SYSTEM HOSPITAL LOCATIONS

Summa Akron City Hospital  
525 E. Market Street  
Akron, OH 44309  
(330) 375-3000  
summahealth.org

Summa Barberton Hospital  
155 Fifth Street  
Barberton, OH 44203  
(330) 615-3000  
summahealth.org/barberton

Summa St. Thomas Hospital  
444 North Main Street  
Akron, OH 44310  
(330) 375-3000  
summahealth.org

Summa Wadsworth-  
Rittman Hospital  
195 Wadsworth Road  
Wadsworth, OH 44281  
(330) 331-1000  
summahealth.org/wadsworth

Summa Western  
Reserve Hospital  
1900 23rd Street  
Cuyahoga Falls, OH 44223  
(330) 971-7000  
summahealth.org

Robinson Memorial Hospital, an  
affiliate of Summa Health System  
6847 North Chestnut Street  
Ravenna, OH 44266  
(330) 297-0811  
robinsonmemorial.org

Crystal Clinic  
Orthopaedic Center  
444 North Main Street  
Akron, OH 44310  
(330) 762-2262  
crystalclinic.com

## SUMMA HEALTH CENTER LOCATIONS

Natatorium Rehabilitation  
and Wellness Center  
2345 4th Street  
Cuyahoga Falls, OH 44221  
(330) 926-0384

Summa Health Center  
at Anna Dean  
Anna Dean Professional Park  
28 Conservatory Drive, Suite A  
Barberton, OH 44203  
(330) 615-5000

Summa Health Center  
at Cuyahoga Falls  
1860 State Road, Suite B2  
Cuyahoga Falls, OH 44223  
(330) 922-4648

Summa Health Center at Green  
3838 Massillon Road  
Uniontown, OH 44685  
(330) 899-5500

Summa Health Center  
at Lake Anna  
500 West Hopocan Avenue  
Barberton, OH 44203  
(330) 615-5020

Summa Health Center  
at Western Reserve  
5655 Hudson Drive, Suite 200  
Hudson, OH 44236  
(330) 650-6710

Summa Health Center  
at White Pond/Park West  
One Park West Boulevard, Suite 130  
Akron, OH 44320  
(330) 873-1518

Summa Neuroscience Center  
701 White Pond Drive  
Akron, OH 44320  
(330) 572-1011

Summa Rehabilitation Services  
at White Pond  
750 White Pond Drive, Suite 500  
Akron, OH 44320  
(330) 836-9023

The Heart and Lung Center  
95 Arch Street  
Akron, OH 44304  
(330) 375-3000

Summa Wellness Institute  
5625 Hudson Drive  
Hudson, OH 44236  
(330) 342-4400

Summa Health Center  
at Lake Medina  
3780 Medina Road  
Medina, OH 44256  
(330) 723-0540

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# A TEAM EFFORT



## QUICK THINKING AT HOME AND WORKING TOGETHER HELPED SIDNEY DAMBROT SURVIVE CARDIAC ARREST

Teamwork is essential to success in the world of sports. Sidney Dambrot – who played on one of the nation’s best basketball teams, Duquesne University, in the early 1950s – knows this. So does his son, Keith, the head basketball coach at The University of Akron.

Teamwork is also essential when a life is on the line. As with basketball, Sidney can attest to this as well.

One day in July 2010, he was at home with his wife, Judi, when he suddenly complained of not feeling well. Thirty seconds later, he was unconscious. Sidney had gone into cardiac arrest – his heart had stopped beating.

Suddenly, every second counted.

According to the Centers for Disease Control and Prevention, about 300,000 Americans experience an out-of-hospital cardiac arrest (OHCA) event each year. The likelihood of surviving an OHCA varies widely between 2 percent and 35 percent, depending on the location of the event. The majority of persons who experience an OHCA event do not receive bystander-assisted cardiopulmonary resuscitation (CPR) or other timely interventions, such as defibrillation, that improve chances for survival.

Fortunately, Judi saw Sidney collapse and immediately called 9-1-1.

The operator talked Judi through how to perform CPR on Sidney over the phone.

For the next eight minutes she kept up CPR while anxiously awaiting the arrival of Copley EMS. Paramedics then took over CPR.

“In a cardiac situation, the most critical aspect of care is CPR,” says Kenneth E. Berkovitz, M.D., system medical director, Summa Cardiovascular Institute. “If CPR starts immediately, the patient has a much better chance of survival.”

Paramedics shocked Sidney’s heart three times to restore normal rhythm before transporting him to Summa Akron City Hospital.

While in the ambulance, paramedics began to lower Sydney’s body temperature (hypothermia treatment) in order to prevent potential brain damage. Hypothermia protocol is a new preventative measure that is initiated when someone suffers cardiac arrest.

The hypothermia treatment continued at the hospital.

“Data shows preservation of brain function is much better after hypothermia,” says Michael Pelini, M.D., medical director of heart rhythm services, Summa Cardiovascular Institute, at Summa Akron City Hospital. “The earlier, the better.”

Once at Summa Akron City Hospital, Sidney’s care was coordinated between emergency department (ED) physicians, cardiologists and intensivists. Once stabilized, he was moved from the ED to the coronary care unit. Days later, as Sidney continued to improve, Dr. Pelini implanted a defibrillator in his heart.



Sidney Dambrot with his son, Keith, the University of Akron's head basketball coach. Keith says Summa's teamwork in caring for his father was impressive. "Everybody plays a role ... everyone is equally important."



Dr. Pelini likens a defibrillator to having a paramedic with you at all times. If a patient's heart falls into a dangerous rhythm, the paramedic would administer a shock. The defibrillator monitors the rhythm of the heart and, in the same way, administers a shock to prevent cardiac arrest. "It happens before a person passes out," Dr. Pelini says.

Sidney's heart had stopped beating for 18 minutes. Paralysis or permanent brain damage was possible. "After five days we knew he had a chance to survive, but we didn't know how much brain damage there might be," Keith says.

Several days after the cardiac arrest, Susana M. Bowling, M.D., stroke and neurocritical care specialist at Summa Akron City

Hospital, evaluated Sidney. She detected and treated abnormal cerebral electrical activity, which kept Sidney from waking up. This is quite common following cardiac arrest and can lead to a poor outcome, Dr. Bowling says. But Sidney responded well to the treatment with clinical signs of a good chance for neurological recovery.

As the days passed it was becoming more evident: Sidney was going to beat the odds. He was going to survive and there would be no permanent brain damage.

Sidney began rehabilitation about three weeks after the cardiac arrest and was soon back home. "I'm very lucky everything fell in line for me," he stresses.

## THE CONTINUUM OF CARE

Summa Cardiovascular Institute (SCI) brings together a multidisciplinary team of heart and vascular experts who work together to bring high-quality, coordinated care to their patients. SCI provides a broad range of heart services through six hospitals and 18 physician offices in Summit, Portage and Medina counties.

Summa Akron City Hospital is a certified chest pain center as accredited by the Society of Chest Pain Centers.

Emergency medical services (EMS) personnel is the first point of contact for patients who call 9-1-1. Summa Health System recognizes that EMS is an integral part of the continuum of care provided to acute coronary syndrome (ACS) patients. Summa and EMS work to create a seamless relationship in order to improve the care of ACS patients.

EMS, as a first responder and use of defibrillators in the field, plays an important role in why the Akron area's survival rate for out-of-hospital cardiac arrest is higher than the national average, says Michael Pelini, M.D., medical director of heart rhythm services, Summa Cardiovascular Institute, at Summa Akron City Hospital.

For more information about the comprehensive services that Summa Cardiovascular Institute offers, or to be referred to an SCI physician, call (888) 720-5318. You can also request a free Cardiac Health Guide by calling this number. Visit our website at [summahealth.org/heartcare](http://summahealth.org/heartcare).





The Dambrot family says they were treated like family at Summa Akron City Hospital. Sidney says the staff went out of its way to ensure his comfort, including a nurse who gave him a midnight shower when he remarked he needed one. “The care was wonderful,” he says.

Keith praised the nurses and other staff for their patience. “They had a calming effect on people who were upset because a family member was in such grave condition,” he says. “I haven’t been around a lot of hospital situations, so I really didn’t know what to expect. I was just amazed by it all.”

Sidney says he’s not back to where he was before the cardiac arrest, nor does he think he ever will be. “But I’m walking and driving.”

Keith adds, “His mind is good and he is still feisty.”

Teamwork helped Sidney beat the odds.

“The team that Summa has is very similar to teams I’ve been around my whole life,” Keith says. “Everybody plays a role on that team; everybody is equally important. I think Summa has a really good idea of how to build a team.”

**To learn more about Sidney Dambrot’s story, go to [summahealth.org/sid](http://summahealth.org/sid).** ■

## SUMMA BARBERTON OFFERS MRI-COMPATIBLE PACEMAKER



**Jennifer E. Cummings, M.D.**

On April 15, 2011, Summa Barberton Hospital became the first hospital in Summit County to implant an MRI-compatible pacemaker. Jennifer E. Cummings, M.D., a board-certified cardiologist and electrophysiologist specializing in heart rhythm, performed the procedure. The device is the first FDA-approved pacemaker labeled “MRI conditionally safe”

and in Summit County is only offered by Summa Health System. Dr. Cummings discusses the new pacemaker.

### **Is the MRI-compatible pacemaker procedure different from a traditional pacemaker procedure?**

**Dr. Cummings:** The procedure is the same; the device itself is different. Traditional devices have multiple ferrous (meaning they are magnetic) components, making it difficult or near impossible to perform an MRI. The new pacemaker can tolerate the magnetic forces of an MRI in certain areas of the body.

### **What prevents patients with traditional pacemakers from undergoing an MRI?**

**Dr. Cummings:** The electromagnetic field of the MRI can interfere with, or even damage, older pacemakers and prevent them from regulating a person’s heartbeat. Previously, if I inserted a pacemaker into a patient, I would tell them they can never get an MRI. This is a big deal for some patients, such as those with multiple sclerosis, at high risk for stroke and others who might need frequent MRIs. Now, we can continue to treat their other conditions safely.

### **Can a patient with an older pacemaker receive an MRI-compatible pacemaker?**

**Dr. Cummings:** No. The pacemaker can be MRI-safe but the leads that go to the heart also need to be MRI-compatible. If someone wants an MRI-safe pacemaker, we would have to remove the old device down to the heart. Currently, the risks outweigh the benefits.

### **Who do you recommend receive an MRI-compatible pacemaker?**

**Dr. Cummings:** Only people who anticipate a need for an MRI.

## HEART ATTACK AND CARDIAC ARREST ARE NOT THE SAME

Many people think that cardiac arrest and heart attack are the same medical condition. But they are different – and they need to be treated differently.

A **heart attack**, or myocardial infarction, occurs when a coronary artery (one of the arteries that supplies blood to the heart muscle) suddenly becomes blocked. The blockage robs a portion of the heart muscle of its vital blood supply, and the muscle dies.

Many individuals who experience a heart attack have had prior symptoms, including:

- Episodes of chest pain that come and go for hours or days prior to the actual heart attack
- Feelings of nausea
- Shortness of breath
- Rapid or irregular heartbeats

A person who suffers a heart attack must get to an emergency room as quickly as possible, and 9-1-1 should be called.

**Cardiac arrest** is caused by a sudden heart arrhythmia called ventricular fibrillation (V-fib), in which electrical signals within the heart suddenly become chaotic, causing the heart to stop beating. Cardiac arrest comes on suddenly, usually with no warning, says Kenneth E. Berkovitz, M.D., system medical director, Summa Cardiovascular Institute.

To increase the chances of survival, bystanders should call 9-1-1 and then immediately begin cardiopulmonary resuscitation (CPR). Bystanders should also locate an automated external defibrillator (AED), if one is available. Many public places, such as churches, schools, community centers, etc., have AEDs on hand for medical emergencies.

The AED is not complex, and it will actually let the bystander know when it is time to shock the patient, Dr. Berkovitz says. “It’s easy to use, even in a crisis situation,” he adds.

## DON'T IGNORE THE WARNING SIGNS OF A HEART ATTACK

Bernie Hovey remembers noticing a tingling feeling in his left arm every so often, but he always ignored it. One morning, he woke up sweating and not feeling well. Still, he thought it was nothing serious.

The resident of Silver Lake went to his teaching job at Archbishop Hoban High School that morning intending to put in a full day. But when he still wasn't feeling any better, he went to see his primary care physician, who immediately sent him for an EKG at Summa Western Reserve Hospital. The results sent a group of doctors running into Hovey's room to tell him he was having a heart attack.

“I didn't believe them,” Hovey says.

Hovey was transported to Summa Akron City Hospital and taken immediately to the catheterization lab.

Kenneth E. Berkovitz, M.D., system medical director, Summa Cardiovascular Institute, diagnosed a completely blocked right coronary artery. Dr. Berkovitz placed two stents to open the artery. He added a third stent to another artery about two weeks later.

Almost immediately, Hovey felt better.

He remains quite active, working as many as 10 or 11 hours a day. He is back teaching at Archbishop Hoban High School and has resumed his duties as mayor of Silver Lake.

“I love both jobs,” says Hovey, 64. “I think that's what keeps me going and young, with a positive and fresh outlook on life.”

Reflecting on his heart attack, Hovey believes he was in denial. He knew that many of the sensations he was feeling could be precursors to a heart attack or heart-related problems. “But I just thought not me; it's not going to happen to me,” he emphasizes. “I didn't think I was a prime candidate, because I am pretty healthy. I should've been much more aware of what was going on with my body.”

Hovey's advice to people is not to ignore potential warning signs. “It's important to get a physical every year,” he says. “Be aware of your body. Make the right choices.”

He's following his own advice – he went for his yearly physical in August.

Learn more of Bernie Hovey's story with your smart device or go to [summahealth.org/bernie](http://summahealth.org/bernie).



Bernie Hovey





# Know the signs and symptoms of DIABETES

Losing weight without trying may sound like a good thing, but it may be a sign that something is seriously wrong. It's one symptom of diabetes, a disease that should not be ignored.

- Eating a healthy diet that is high in fiber and low in trans fats, saturated fats, sugar and carbohydrates
- Quitting smoking
- Avoiding alcohol

## SYMPTOMS

Reducing risk factors and taking steps to prevent diabetes are good health choices but individuals may still develop diabetes. Therefore, you should be aware of its symptoms, which include:

## TYPE 1 DIABETES

- Frequent urination
- Unusual thirst
- Extreme hunger
- Unusual weight loss
- Extreme fatigue and irritability

**TYPE 2 DIABETES** (Note: People with type 2 diabetes may not have symptoms.)

- Any of the type 1 symptoms
- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling or numbness in the hands or feet
- Recurring skin, gum or bladder infections

If you have any of these symptoms, make an appointment to see your doctor. If not, just make sure to continue your regular health checkups with your doctor.

Diabetes education programs and support groups are available at several Summa Health System Hospitals, including Summa Akron City and St. Thomas Hospitals, (330) 379-5680; Summa Barberton Hospital, (330) 615-3911; Summa Wadsworth-Rittman Hospital, (330) 615-3911; and Robinson Memorial Hospital, an affiliate of Summa Health System, (330) 297-2552.

**For a referral to a Summa Health System physician, call (330) 379-5111. ■**

Diabetes includes several diseases characterized by high blood glucose levels that result from the body's inability to produce or use insulin. It causes more deaths annually than breast cancer and AIDS combined, according to the American Diabetes Association. It also increases your risk for other serious health problems such as heart disease and stroke.

The good news is that diabetes is treatable. If well-controlled, you can enjoy a long, happy and active life. The key is understanding your risk for diabetes, knowing how to prevent it and knowing the symptoms so you can get treatment, if needed.

## RISK FACTORS

Some people are predisposed to diabetes because of their family history, race, ethnicity or age (45 years and older), but there are other risk factors you can control to help lower your risk. Controllable risk factors include:

- Being overweight
- Lack of regular exercise
- High blood pressure
- Unhealthy cholesterol levels

## PREVENTION

While we can't always prevent diabetes, there are a few simple steps that will help. Best of all, these steps will help prevent numerous other health problems, too. Prevention methods include:

- Exercising at least 30 minutes per day
- Losing weight and maintaining a healthy weight

# Joint replacement surgery

## CAN IMPROVE QUALITY OF LIFE



Dr. Jonathan Kase

Jonathan Kase, M.D., a board-certified orthopaedic surgeon, has joined the medical staff of Summa Wadsworth-Rittman Hospital and Crystal Clinic Orthopaedic Center, a partnership with Summa Health System. We asked him about total joint replacement, a surgical procedure for which demand is growing.

### Why would someone need a joint replacement?

**DR. KASE:** A joint is formed by the end of two or more bones and connective tissue. Cartilage covers the ends of the bones and allows for frictionless, pain-free movement. When the cartilage becomes diseased or damaged, it can result in stiff, painful joints. The pain can be so severe that one limits or restricts movement. The result is both the weakening of surrounding muscles and a less active, reduced quality of life.

Arthritis is the most common disease that affects the joints. Cartilage damage is usually from repetitive use – think athletes – or strenuous physical activity without proper conditioning such as the “weekend warrior.”

### Can it happen simply as a result of aging?

**DR. KASE:** Cartilage can wear out as a result of normal wear and tear on our body, though the average age for a total joint replacement patient has fallen from 70 to 65 and is inching lower. In some cases, it's because people are more active; they're living longer and want to stay active. Another cause is obesity, which adds tremendous stress on your joints and cartilage.

### Is surgery the only treatment option available for joint problems?

**DR. KASE:** There are several viable treatment options before choosing surgery, including ice therapy; anti-inflammatories, pain relievers and other medications; and injections. Assistive devices such as a cane can be used to reduce stress on the joint. Physical therapy to restore range of motion and strengthen surrounding muscles can also help. Weight loss may be another option to consider.

### Is total joint replacement a minimally invasive surgery?

**DR. KASE:** It can be, depending on many factors, including the patient's age, weight and overall health. Patients should work with their physician to choose the best option.

### After recovering from a total joint replacement, are there restrictions on your activities or can you do all the things you did before?

**DR. KASE:** It depends on the type of activities and individual patient. Most patients will be able to return to their pre-surgery activities at the same pre-surgery level, or even more so, as they should be pain-free.

**For more information about total joint replacement, call (888) 720-5318, ext. TJR 93. For a referral to a Summa physician or to make an appointment with an orthopaedic surgeon, call (330) 379-5111. ■**

# Summa Barberton Hospital enhances **EMERGENCY CARE**

It's comforting to know that you have excellent emergency care close to home. As one of the largest emergency services providers in Northeast Ohio, Summa Health System is in the midst of an overall system initiative to enhance and grow emergency services throughout the region.

As a part of the system initiative, Summa Barberton Hospital recently broke ground to build a new emergency center, with a targeted completion date of March 2013.

"The number of patients we see has climbed every year, and we've outgrown our current space," says Greg Smith, M.D., director of emergency medicine at Summa Barberton Hospital. "We've done a great job taking care of our patients, and the new space will enhance their experience."

Summa Barberton Hospital's emergency department volume has grown an average of 7.6 percent in each of the past five years, culminating in 2010 with 44,000 patients being treated in an ED that was designed to treat 27,000 patients per year.

The new emergency center will triple the square footage of the current space and include:

- An increase in the number of beds from 18 to 32
- A 10-bed "fast track" treatment area
- Private rooms
- A larger waiting room for families
- Adequate parking
- A dedicated general radiology unit
- Dedicated triage space
- A separate entrance for EMS and police

Other aspects of the project include a new cafeteria, dining room and conference rooms/education center as the existing areas will be displaced as a result of the construction and growth of the emergency center.

**For more information about Summa Barberton Hospital's emergency department construction project, please call (330) 615-3098. ■**

## Summa grows emergency department capacity throughout area

Summa Health System is investing nearly \$96 million to renovate and expand three existing emergency departments (EDs) and build two freestanding EDs in Medina and Green. Summa EDs are staffed by board-certified emergency medicine physicians.

### SUMMA AKRON CITY HOSPITAL

The first phase of the expansion of Summa Akron City Hospital's ED is expected to be completed by early next year, with the second phase following in late 2012. The ED will grow from 43 to 75 beds.

### SUMMA HEALTH CENTER AT MEDINA

A freestanding ED is expected to open in December at Summa Health Center at Lake Medina. The new 20,000-square-foot facility is expected to provide care for 11,000 patients – both adult and pediatric – in its first year.

### SUMMA HEALTH CENTER AT GREEN

Construction is underway on a freestanding ED in Green. When completed, the facility will have 14 beds and staff about 50 employees.

### SUMMA WADSWORTH-RITTMAN HOSPITAL

The ED expansion at Summa Wadsworth-Rittman Hospital was finished in June, adding eight beds that serve as occupational health and emergency department overflow. The existing ED was renovated and the project was completed in August 2011.

With the expansions of the EDs at Summa Health System, wait times will be shorter. To find out our wait times, visit [summahealth.org/itriage](http://summahealth.org/itriage) or download the app on your smart phone.

Construction has begun on new freestanding emergency department in Green.



# Commitment to *Caring*

## OUTPATIENT REHABILITATION TAILORS SERVICES TO THE PATIENT

Imagine having an accident, illness or surgery that limits your ability to perform everyday tasks. Imagine not being able to walk, drive or even get dressed without help.

Getting you back to the activities of daily living is the primary goal of Summa Health System's outpatient rehabilitation services. Its other goal is to provide you with the personalized care and service you want and need during this critical point in your recovery.

"Therapy should never be 'one-size-fits-all,'" says Mike Huth, physical therapist, regional director of outpatient rehabilitation services. "We get to know our patients and develop an individualized treatment plan for each person based on his or her needs."

Summa Wadsworth-Rittman Hospital is one of the locations for outpatient rehabilitation. Services include:

- Aquatic therapy
- Athletic training
- Fall prevention and balance therapy
- Functional Capacity Evaluation to determine when you're able to return to work
- Lymphedema treatment
- Occupational therapy
- Physical therapy
- Women's health therapy, which deals with incontinence, prenatal and postpartum rehab, osteoporosis, and post-breast surgery recovery

Patients who need therapy can choose between a hospital-sponsored outpatient rehabilitation program or an independently owned program. There are benefits for patients that choose a hospital-sponsored program.

First, before providing services, every staff member goes through a rigorous credentialing process to review his or her education, training, licensure or certifications.

Second, each staff member specializes in a different aspect of care such as back injuries or women's health, which means patients get a higher level of care and expertise.

Third, if a hospital is "in network" with your insurance company, then its rehabilitation services are also in network. For Medicare patients, using hospital-sponsored outpatient rehabilitation services means you are not subject to a benefits "cap" per calendar year as you often are with an independently owned program.

Finally, patients may benefit from added convenience such as free parking and extended evening and weekend hours. Better yet, with so many locations, it's easy to have your care close to home. ■

### FIND OUT MORE

To learn more about Summa Health System's outpatient rehabilitation locations and services, please contact the following locations:

Summa Wadsworth-Rittman Hospital  
195 Wadsworth Road  
Wadsworth, OH 44281  
(330) 331-1680

Summa Health Center at Lake Anna  
(Barberton)  
500 West Hopocan Ave.  
Barberton, OH 44203  
(330) 615-5020

Summa Health Center at Anna Dean  
(Barberton)  
28 Conservatory Drive, Suite A  
Barberton, OH 44203  
(330) 615-5000

For other outpatient rehabilitation locations, call (888) 720-5318.



# SUMMA WADSWORTH-RITTMAN HOSPITAL MAKES PROGRESS TOWARD ITS **VISION**

Summa Wadsworth-Rittman Hospital announced a vision for the future in 2010, detailing how the hospital would grow and evolve to meet the changing landscape of healthcare. Since the announcement, the hospital has made great strides toward the realization of the vision, including the addition of several new primary care physicians and other medical specialists, as well as the opening of a new, larger intensive care unit.

Several more achievements were celebrated in October 2011.

## **SLEEP CENTER**

The new Sleep Center is located on the fourth floor of Founders Hall and has four private rooms, each equipped with its own bathroom. Laurie Mooney, M.D., a board-certified specialist in both sleep and pulmonary medicine, is the medical director.

## **JAMES AND LINDA VENNER EMERGENCY CENTER**

The expanded and renovated emergency center is named for James and Linda Venner, benefactors who gave a landmark gift of \$500,000 for the expansion of emergency services at Summa Wadsworth-Rittman Hospital. Completed in August, the project increased capacity from 12 to 20 beds and square footage from 9,300 to 16,000.

The expanded emergency center includes the Summa Center for Corporate Health, which provides added convenience for occupational health clients who can now access services at

one entry point, regardless of when they need care. It also provides extra space for the emergency center, which can use the corporate health treatment area in the evenings and on weekends, as needed.

## **SURGICAL SERVICES**

Summa Wadsworth-Rittman Hospital has completed the expansion of its surgical services department with the addition of three larger surgical suites to accommodate the orthopaedic, neurologic and other advanced surgeries we provide, including minimally invasive surgery – all using the latest technology. Other surgical specialties include ear/nose/throat, ophthalmology, plastic, podiatric, urological, gynecological, vascular and general surgery.

In related news, two physician offices have relocated to the fourth floor of Founders Hall. Mark Brigham, D.O., an otolaryngology (ear/nose/throat) specialist, is in Suite 401. Primary care specialists Sam Ghoubril, M.D., Richard Gunning, M.D., and Frank Lazzarini, M.D., are in Suite 402.

**For more information about Summa Wadsworth-Rittman Hospital, please call (330) 331-1579. ■**

The medical specialists who have joined the Summa Wadsworth-Rittman Hospital medical staff as a part of our vision for the future include:

### **PRIMARY CARE**

Paulo M. Borges, M.D.  
Joseph P. Burick, D.O.  
Elizabeth M. Daquila, M.D.  
Laura M. Distel, M.D.  
Nisreen Khazaal, M.D.  
Michelle J. Lees, M.D.  
Christina M. Peters, D.O.  
Amy K. Sadler, M.D.

### **NEUROSURGERY**

Dane J. Donich, M.D.  
Paul W. Hartzfeld, M.D.

### **ORTHOPAEDIC SURGERY**

Jonathan A. Kase, M.D.



The James and Linda Venner Emergency Center at Summa Wadsworth-Rittman Hospital has expanded from 12 to 20 beds. The expansion is part of the hospital's vision to serve the community in the future.

Summa Barberton Hospital's Parkview Center provides cancer patients with convenient and thoughtful expert care. The facility houses a variety of oncology services.



The caring touch of

# Parkview Center

People and families who are affected by cancer know the toll it takes on both the body and soul.

Initially, the diagnosis seems unreal – then suddenly you're making choices and decisions that you've never considered before. Patients want and need the most effective, convenient and efficient care, which may also make dealing with a cancer diagnosis a little easier.

Summa Barberton Hospital's Parkview Center provides cancer patients with convenient and thoughtful expert care. It houses a variety of oncology services, including some physician offices, in one location and has convenient, ground parking right outside the entrance.

Parkview Center services include:

- Medical oncology
- Radiation oncology featuring a linear accelerator, which helps save healthy tissue by targeting the strongest radiation at the center of the tumor
- Outpatient infusion services (blood and blood product transfusions, chemotherapy, IV hydration, daily IV medications, therapeutic phlebotomies, port/PICC maintenance)
- Access and maintenance of peripheral and central intravenous access devices
- Diagnostic screening and testing such as biopsies, bone marrow aspiration, mammography and more
- Support services such as pain management, nutritional intervention, education and emotional support for both patients and family

- Access to national clinical trials
- A healing garden where patients can relax during nice weather and enjoy the serenity of the garden and Tuscora Park during their treatment

Parkview Center offers clinical expertise as well. It is a Commission on Cancer-accredited program (by the American College of Surgeons), which ensures patients will receive quality care close to home; comprehensive care offering a range of latest services and equipment; a multi-specialty team approach to coordinate the best treatment options for patients; access to cancer related information, education and support; lifelong patient follow-up; and information about ongoing clinical trials and treatment options.

The Center for Breast Imaging, located inside Parkview Center, is accredited by the National Accreditation Program for Breast Centers. The accreditation was awarded in 2010, and Summa Barberton Hospital was the seventh hospital in Ohio to receive it.

The imaging department also has a three-year accreditation in breast magnetic resonance imaging from the American College of Radiology. Summa Barberton Hospital is one of three hospitals in Ohio to earn the accreditation, which was awarded earlier this year.

**Medical expertise, a caring and compassionate staff, and a convenient location are all part of Parkview Center. For more information about Summa Barberton Hospital's Parkview Center, call (888) 720-5318, ext. Parkview 3, or visit [summahealth.org/BarbertonParkview](http://summahealth.org/BarbertonParkview).** ■



# communitycalendar

## SUMMA BARBERTON HOSPITAL CALENDAR OF EVENTS

### EDUCATIONAL CLASSES

#### **Childbirth Classes**

Summa Barberton Hospital provides free classes designed to help you and your family better prepare for your baby's arrival. Classes are for women who are at least seven months pregnant and their support person.

Please call (800) 237-8662 to schedule.

#### **Breastfeeding Classes**

These classes are customized for class participants. If you're interested in attending, please call (330) 615-3550 to coordinate a class time that best fits your schedule.

#### **Healthy Heart Lectures**

February 21, 6 p.m.

Summa Barberton Hospital, Parkview Center Lobby  
Ground Floor

Summa Barberton Hospital offers these lectures for those who would like to learn more about having a healthy heart. Various speakers provide helpful information to learn more about heart disease and how best to live a heart-healthy life. The program is free. Friends and family are welcome. To register, please call (800) 237-8662.

### OTHER PROGRAMS

#### **American Red Cross Bloodmobile**

December 9, 8 a.m.-2 p.m.

January 11, 8 a.m.-2 p.m.

Summa Barberton Hospital Conference Room A

Give the gift of life at Summa Barberton Hospital. Donation times may be scheduled by calling (330) 615-3101 or by going online to [www.redcross.org](http://www.redcross.org). Walk-ins are always welcome.



# SUMMA WADSWORTH-RITTMAN CALENDAR OF EVENTS

## EDUCATIONAL CLASSES

For information or to register for the classes listed, call (330) 331-1158 or (800) 828-1789, ext. 1158, unless otherwise noted.

### **BLS for Healthcare Providers**

December 13 or January 10, 4-8:30 p.m.  
Summa Wadsworth-Rittman Hospital  
Education Center

This initial course is intended for those in the healthcare field that need to show proof of course completion and have not taken the Healthcare Provider level or have an outdated card. Registration is required. Cost is \$50.

### **BLS Healthcare Provider Refresher**

November 29 or December 28, 9-11:30 a.m.  
Summa Wadsworth-Rittman Hospital  
Education Center

This is a refresher course for healthcare providers who are already certified in BLS. Registration is required. Cost is \$40.

### **BLS Online**

December 12, noon-3 p.m.  
December 19, 9 a.m.-noon  
Summa Wadsworth-Rittman Hospital  
Education Center

This class includes the online BLS program, as well as the hands-on skills test for healthcare providers. Participants who completed the online course within the previous 60 days may bring their completion certificate for the skills test. Registration is required. Cost is \$20.

### **Diabetes Education**

Summa Wadsworth-Rittman Hospital offers a diabetes education and self management program to meet the needs of those who are

living with the disease. The program provides a full spectrum of classes, literature and support, whether you're a newly diagnosed diabetic or in need of better control of your existing diabetes. The education program includes disease process, nutritional management, physical activity, medications, monitoring, preventing acute complications, risk reduction and preventing chronic complications, goal setting, psychosocial adjustment, and preconception care and management during pregnancy.

Health insurance usually covers the cost of these classes (check with your carrier). For more information about the program, call (330) 615-3911.

### **Diabetes Support Group**

November 19, January 28 and February 25,  
8:30 a.m.  
Summa Wadsworth-Rittman Hospital  
Founders Hall Quad A/B

This support group is for individuals with diabetes and their family and friends. There is a monthly educational program provided for the group. There is no charge to attend. Registration is not necessary. For more information, please call (330) 331-1163 or (800) 828-1789, ext. 1163.

### **Gentle Fitness**

Every Wednesday, noon-1 p.m.  
Therapy Services Department at Summa  
Wadsworth-Rittman Hospital

This program is for those who want to tone-up their bodies in a gentle, non-stressful way. Participants should check with their physician before beginning the program and wear loose, comfortable clothing in the class. Cost is \$2

per person, per class payable at each class. Call (330) 331-1680 or (800) 828-1789, ext. 1680, to sign up to attend.

### **Heartsaver AED**

February 2, 9 a.m.-noon.  
Summa Wadsworth-Rittman Hospital  
Education Center

This class is intended for anyone interested in learning CPR and those that need to show proof of course completion. Heartsaver AED covers Adult/Child CPR with an infant option, as well as Adult/Child AED use. Cost is \$40. Registration is required.

### **New Breath, New Life (Smoking Cessation)**

January 9, 16, 23, 30 and February 6, 13,  
1-2 p.m.  
Summa Wadsworth-Rittman Hospital  
Education Center

This is a six-week smoking cessation course designed to assist individuals in quitting the use of tobacco. Cost is \$10. Registration is requested.

### **First Aid**

January 21, 8 a.m.-2 p.m.  
Summa Wadsworth-Rittman Hospital  
Education Center

This course is designed to train participants in first aid. Additional course options are available, such as CPR with or without the use of an automated external defibrillator (AED) for adults/children, along with infant CPR. Cost is \$75. Registration is required.

## OTHER PROGRAMS

### **American Red Cross Bloodmobile**

January 12, 10 a.m.-4 p.m.  
Summa Wadsworth-Rittman Hospital  
Founders Hall Quad C

Give the gift of life at Summa Wadsworth-Rittman Hospital. Donation times may be scheduled by calling (330) 331-1583 or (800) 828-1789, ext. 1583, or by going to

[www.redcross.org](http://www.redcross.org). Walk-ins are always welcome.



# Tina's battle with cancer inspired a generation of care.

## CANCER SERVICES AT SUMMA BARBERTON HOSPITAL

The hospital's Parkview Center offers comprehensive, sophisticated cancer care. Our multidisciplinary team treats the whole person as well as their family in a tranquil, comfortable setting. Accredited by the American College of Surgeons' Commission on Cancer, the Center offers chemotherapy, radiation therapy, infusion, digital mammography, diagnostics and access to national clinical trials in one convenient location. Our breast cancer program was the seventh NAPBC certified center in Ohio and is one of just three accredited breast MRI programs in the state. **That's more than healthcare. That's smartcare.™**

Learn how Summa Barberton Hospital can help you maintain good breast health. Call 1-888-720-5318, ext. Parkview 1, or visit [summahealth.org/barbertonparkview](http://summahealth.org/barbertonparkview).

With no family history of the disease, Tina was stunned to learn she had Stage III breast cancer. "The Parkview Center staff was so compassionate and knowledgeable," she said. "My breast care coordinator became part of our family." Tina had six rounds of chemo, then surgery to remove the tumor and 38 radiation treatments. "I want to leave my daughter and her daughter a legacy other than cancer. Thanks to my care, I'm feeling great and enjoying life with my new granddaughter!"

*Tina Ball*

TINA BALL, WADSWORTH, OH

