

ABBREVIATIONS (1/2016)

AAOX3	awake, alert, oriented	AAROM	active assistive range of motion
Abnl	abnormal	A&P	auscultation and percussion
ABD	abduction	abd	abdomen
ACH	Akron City Hospital	act	activity
ADD	adduction	ADL	activities of daily living
adm	admission	adv as tol	advance as tolerated
AFO	ankle foot orthosis	after	--- P
AKA	above knee amputation	A.M.	morning
amb	ambulatory (ion)	amp	amputation
amt.	amount	ant.	anterior
A&O	alert & oriented	AP	anterior-posterior
approx	approximately	AROM	active range of motion
ASAP	as soon as possible	assist	assistance, assisted
asst	assistant	as tol.	as tolerated
Ax	axillary	bid	twice a day
bil	bilateral	BKA	below knee amputation
BM	bowel movement	BP	blood pressure
bpm	beats per minute	BR	bedrest
brady	bradycardia	BRP	bathroom privileges

BSC	bedside commode	Bx	biopsy
canc	cancel	cerv	cervical
CNT	could not test	c/o	complains of
COG	center of gravity	compl	completion
cont.	continue	CPT	chest physical therapy
D/C	discontinue	decr.	decreased
demo	demonstrate	disch	discharge
dist	distal	DME	durable medical equipment
d/t	due to	enc	encourage
EOB	edge of bed	EOM	extraocular movement
E/R	external rotation	etc	et cetera (and so forth)
eval	evaluate, evaluation	ex	exercise
ext.	external	extn.	extension
fib	fibula	flex	flexion
fn	function	freq	frequency
		FWB	full weight bearing
Fx	fracture	GT	gait training
h/o	history of	HA	headache
HB or HgB	hemoglobin	HEP	Home Exercise Program
HHC	home health care	HOB	head of bed
HOH	hard of hearing	HOP	hourly observation patient
I&E	internal and external	i.e.	that is

incont	incontinence	indep	independent
inflam	inflammation	inhib	inhibition
inpt	inpatient	inst	instruct, instructed
int	internal	I/R	internal rotation
IS	incentive spirometer	lat	lateral
LBP	low back pain	LE	lower extremity
LLE	left lower extremity	LOB	loss of balance
LS	lumbosacral	lt.	left
LTG	Long term goal	LUE	left upper extremity
max assist	maximum assistance	min assist	minimum assistance
MLD	manual lymphatic drainage	MMT	manual muscle test
mobs	mobilization	mod	moderate
mod assist	moderate assistance	musc	muscle
mvmt	movement	N/A	not applicable
NC	nasal cannula	NDT	neurodevelopmental treatment
neg	negative	neuro	neurology
norm	normal	NT	not tested
NWB	non weight bearing	occas	occasional
OD	right eye	OOB	out of bed
O ₂	oxygen	OP	outpatient
ORIF	open reduction, internal fixation	OS	left eye
OU	both eyes	P&A	percussion and auscultation

P&C	posture and conditioning exercises	P&PD	percussion and postural drainage
para	paraplegic	PD	postural drainage
post	posterior	PRE	progressive resistive exercises
prev	previous	prn	as necessary/when needed
PROM	passive range of motion	prox	proximal
PT	physical therapy	pt	patient
PTA	prior to admission	Pulse OX	pulse oximeter
PWB	partial weight bearing	quad	quadriceps muscle
rec	recommend	rehab	rehabilitation
reps	repetitions	resist	resistive, resisted, resistance
RLE	right lower extremity	ROM	range of motion
rt.	right	RUE	right upper extremity
SAQ	short arc quad	shldr	shoulder
signif	significant	SLR	straight leg raising
SNF	skilled nursing facility	s/o	significant other
SOB	short of breath	ST	Speech Therapy
stab.	stabilization	std	standard
sup	supine	supv	supervision
SW	social worker	TDWB	touch down weight bearing
THA	Total Hip Arthrosis	tib	tibial
TKA	Total Knee Arthrosis	tol	tolerated
tr	trace	trans	transfer

trng	training	UE	upper extremity
vent	ventilator	w/	with
w/o	without	WBAT	weight bear as tolerated
wc	wheelchair	WFL	within functional limits
WNL	within normal limits	wt	weight
ww	wheeled walker	x	times

Rehab Services Abbreviation

A (circled)	Assist/assistance	abs	Abdominal muscles
AE	Adaptive equipment	AL	Assisted living
ALD	Assistive listening device	Asp	Aspiration
BSE	Bedside swallowing evaluation	CGA	Contact guard assist
CN	Cranial nerve	Cog	Cognition/cognitive
COTA	Certified Occupational Therapy Assistant	Cx	Cancel; cancellation
dep	Dependent	DF	Dorsiflexion
DGI	Dynamic Gait Index	DNT	Did not test
DPNS	Deep pharyngeal nerve stimulation	e.g.	For example
FMC	Fine motor coordination	FWW	Front wheeled walker
HA	Hearing aid	HI	Hearing impaired
I (circled)	Independent	ITB	Iliotibial band

IP	Ice pack	lang	Language
lat	Lateral	med	Medial
modif	Modified	PF	Plantar flexion
PMV	Passy-Muir valve	POC	Plan of care
PTA	Physical Therapist Assistant	rep (reps)	Repetition(s)/repeated
rot.	Rotation	Rx	Therapy treatment
S (circled)	Supervision	SBQC	Small based quad cane
SLP	Speech and Language Pathologist	SPT	Student Physical Therapist
SPTA	Student Physical Therapist Assistant	ST	Speech Therapist
WBQC	Wide based quad cane	w/c	wheelchair
WW	Wheeled walker		
up arrow	Increase	down arrow	Decrease