

# *Your Support, Our Nurses:*

## Transforming Care through Education and Wellness



Thank you! Your generosity and commitment to improving the quality of care at Summa Health have had a profound and lasting impact on our nursing community. Thanks to your support, we have been able to provide our nurses with essential resources and educational opportunities that enhance their professional development and directly improve patient care.

### Here are just a few ways your support is making a real difference

#### Nursing Certifications and Courses

- 126 RNs attended nursing certification review classes and earned certifications.
- 57 certifications were renewed, ensuring our nurses continue to meet the highest standards of care.

#### Nursing Scholarships

- 40 scholarships were awarded to nurses advancing their education from RN to BSN, BSN to MSN, and MSN to DNP, helping them further their careers and increase their impact.

#### Human-Centered Leadership Essentials Course

- 106 nurse leaders participated in a 5-month leadership course, strengthening their skills and capacity to lead teams with empathy and excellence.

#### Nursing Conference Attendance

- 413 professional conferences were attended by our nursing staff, allowing them to stay current with the latest developments and best practices in healthcare.

More ways you make an impact on Summa Health nurses 

# Healing Leaders Retreats



At Summa Health, we recognize the dedication of our nurses, who give so much of themselves to ensure patients receive the best care. In return, we want to support them in combating compassion fatigue and burnout through hope, joy, and wellness.

Thanks to your generosity, we will host a wellness retreat for 350 bedside nurses, nurse managers and assistant managers to focus on mental health, resiliency and overall well-being. Our nurses will enjoy a day of relaxation, with

activities including massages, reiki, meditation, yoga and creating a kintsugi bowl. They will also gain insights on nutrition, wellness, lateral violence, journaling and building resiliency against compassion fatigue and burnout.

By the end of the retreat, we hope participants will leave with tools to cope healthily, embrace moments of joy and support the growth and healing of those around them. This initiative is made possible through collaboration with the Akron Chamber of Commerce and Another Act of Kindness – and your generous support.



# *SANE Program*

## Sexual Assault Nurse Examiner

Using an evidence-based approach, our vision for the Sexual Assault Nurse Examiner (SANE) is to provide 24/7 care for sexual assault survivors. Our team responds directly to patients, regardless of whether they present in the emergency room or an inpatient setting. This approach ensures that patients remain within our health system, allowing us to meet their needs not just in the emergency room, but also through our clinics, inpatient care and mental health services.



Since April 2024, 44 nurses have successfully completed the 48-hour sexual forensic nurse examination course.

As of February 2024, the SANE team has covered 93 percent of the 24/7 on-call shifts. In just two months, the team has completed 10 exams, compared to only 43 cases for all of 2022. This call team eases the burden on ER nurses, as sexual assault cases are time-consuming, often taking 4-5 hours to complete. It also benefits patients by eliminating long ER wait times and the need for transfers to other facilities.

Your generosity has been instrumental in enabling nurses to attend this specialized training. The course not only teaches evidence collection but also focuses on trauma-informed care, courtroom testimony and strategies for preventing nurse burnout. While the team holds monthly meetings for ongoing support and education, the comprehensive training provided by the state is unmatched in depth and value.

# Thank You!



*Penelope F. Gorsuch*

**Penelope F. Gorsuch,**  
**DNP, RN, NEA-BC, FACHE**  
Senior Vice President and  
Chief Nurse Executive  
Summa Health

Your support has made all of this possible. We are deeply grateful for your commitment to our nurses and their ability to provide exceptional care. The impact of your support is felt every day at Summa Health, in the hearts of our nurses and the lives of the patients they serve. You are truly helping to transform care and empower our nurses to deliver care beyond expectations.

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## Our Future

Please visit [summahealth.org/future](https://summahealth.org/future) for the latest information about the future of Summa Health. This website will be updated as new developments arise.

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Visit [summahealth.org/foundation](https://summahealth.org/foundation) or call **330.375.3159** for more information.

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