



Celebrate Founders' Day at Summa Health

June 6, 2025: 10 a.m. to 3 p.m.

Special speaker presentation: 12 - 1 p.m.

12 Step Recovery with Advances in Addiction Medicine, by Theodore Parran, Jr., M.D.



The Heritage Center



Serenity Garden



The Reflection Center

Summa Health invites visitors to celebrate the place that recognized and revolutionized the treatment for alcoholism throughout the world.

Shuttles will run from University of Akron to our **Juve Family Behavioral Health Pavilion**. Shuttle times are listed on the back. If you are driving yourself, designated parking is available. Visitors can explore the Heritage Center, Reflection Center and Serenity Garden.

summahealth.org/foundersday



Special presentation: 12 - 1 p.m.
12 Step Recovery with
Advances in Addiction Medicine
by Theodore Parran, Jr., M.D.

Drawing on over 40 years of experience, Dr. Parran will share his integrated insights into 12 step recovery and its connection to modern addiction medicine.

A consultant for Summa Health Recovery Program, Dr. Parran is board certified in Internal Medicine and Addiction Medicine, and his group practice provides medical directorship services to several Substance Abuse treatment programs throughout northeast Ohio, including as the Co-Medical Director for Rosary Hall at St. Vincent Charity Health Center since 1988. He is widely published and has been an invited speaker at national and international conferences for the past three decades.

Since 1988 he has been on the faculty of Case Western Reserve University School of Medicine, where he pursues several areas of special interest in medical education including: Doctor–Patient Communication, teaching the Doctor–Patient relationship, Faculty Development and Continuing Medical Education, and Addiction Medicine.

Complimentary shuttle schedule

Shuttle service to Summa Health is available from the **Goodyear Polymer Center**. The shuttle runs every 30 minutes per the schedule listed to the right.

Self-parking details

If you are driving yourself, limited free designated parking is available at Summa Health Akron Campus. Signs will be posted in the designated parking areas.

- Parking is available next to the building at the corner of Arch and Market Streets at Lot Z.
- Additional parking is available for small fee at the P4 parking garage, located near the corner of East Market and Adams Streets.

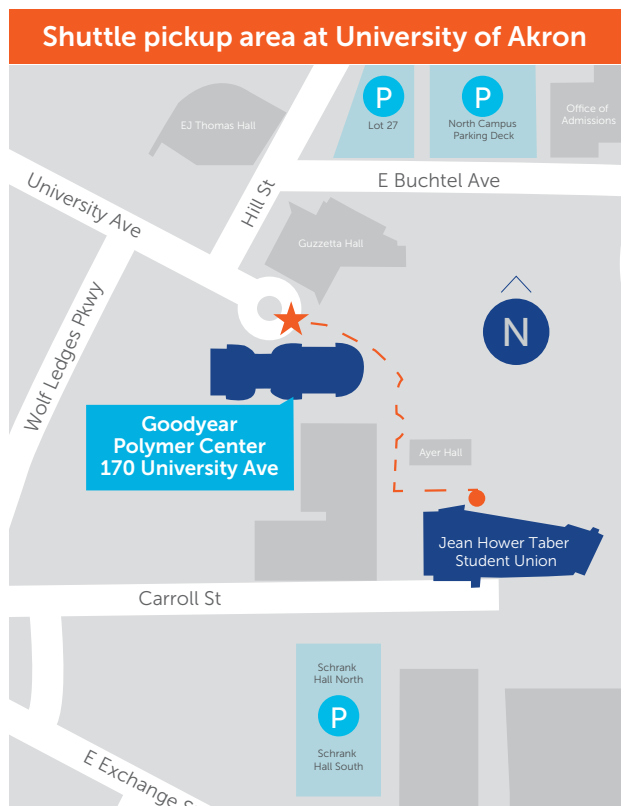
About the tour

Summa Health is dedicated to preserving the significant work of Sister Ignatia. On the tour, you'll enjoy:

- The Heritage Center, located in The Juve Family Behavioral Health Pavilion, pays tribute to the history of Sister Ignatia and the treatment of alcoholics, and the relationship between Dr. Bob and the founding of Alcoholics Anonymous.
- The Reflection Center is a non-denominational chapel, where visitors can take a moment to reflect and pray. Windows in the Reflection Center overlook the beautiful Serenity Garden, which features 12 granite benches representing the 12 steps of recovery for AA.

In addition, a video interview with Sister Ignatia will be showcased in the Dr. Joseph D. Varley Conference Center, across from the Heritage Center, along with other AA artifacts displayed for viewing.

Pick up location: University of Akron Goodyear Polymer Center 170 University Avenue Akron, OH 44325	Tour destination: (5 minutes away) Summa Health System – Akron Campus, Juve Family Behavioral Health Pavilion 45 Arch Street Akron, OH 44304
Friday, June 6 Shuttle times: Roadside pickup in front of building	Return shuttle times: Pickup at main entrance
9:45 a.m.	10:00 a.m.
10:00 a.m.	10:15 a.m.
10:30 a.m.	10:45 a.m.
11:00 a.m.	11:15 a.m.
11:30 a.m.	11:45 a.m.
12:00 p.m.	12:15 p.m.
12:30 p.m.	12:45 p.m.
1:00 p.m.	1:15 p.m.
1:30 p.m.	1:45 p.m.
2:00 p.m. (last shuttle leaves to Summa Health)	2:15 p.m.
–	2:45 p.m.
–	3:15 p.m. (last return shuttle to University of Akron)



For more information, visit
summahealth.org/foundersday.

