



Lung Cancer Screening Program – Physician Order Form

For scheduling, please call toll-free 877.996.8881
Toll-Free Fax 855.996.8600

Dear Physician: This form is being provided for your convenience and can be used as an order once it has been completed. You may also provide your own order. Please include the reason for exam. Orders may be faxed to the us at 855.996.8600. The patient may also bring a written order at the time of exam. As always, thank you for choosing Summa Health. **Preauthorization:** Required by private/commercial healthcare plans for coverage.

Patient Name _____ Phone _____ Age _____ Date of Birth _____

Lung Cancer Screening Criteria*

Eligibility Criteria for initial LDCT

Medicare, Medicaid and most private healthcare plans cover LDCT lung screening costs if you can answer "yes" to all of the below **and** provide an estimate of pack-year smoking history.

All Patients

- Yes Current smoker or former tobacco smoker
- Yes Age 50 - 80 years
- Yes Asymptomatic (no current signs or symptoms of lung cancer)
- Yes Obtain preauthorization from commercial insurance provider

Former Smokers

- _____ Enter number of years since you quit smoking
- Yes Did you quit smoking in the past 15 years? You **are** eligible

Current and Former Smokers (see back for assistance)

- _____ Enter number of pack-years of smoking during your lifetime
- Yes Do you have a smoking history of 20 pack-years or more?

Physician – Patient Counseling

(see back for information to discuss with patient)

- Yes I counseled my patient regarding the following, during a documented lung cancer screening counseling and shared decision making visit (Medicare Code: G0296):
 1. **LDCT:** risks and benefits, impact of comorbidities on findings/testing/treatment
 2. **Annual Screening:** importance to compare/determine changes
 3. **Tobacco:** importance of remaining smoke/tobacco free and provided tobacco cessation intervention information

*Talk to your physician if you do not meet the criteria for screening but feel you are at risk.

LDCT Screening Appointment

Date: _____

Time: _____

LDCT Screening Location

Summa Health System Locations

- Akron Campus Imaging Center
525 E Market St,
Akron
- Barberton Campus
155 5th Street NE,
Barberton

Additional Summa Health Locations

- Imaging Services at Green Family YMCA
3838 Massillon Rd,
Suite 300, Uniontown
- Medina Medical Center
3780 Medina Rd,
Medina

- Wadsworth-Rittman Medical Center
195 Wadsworth Rd,
Wadsworth
- Hudson Medical Center
5655 Hudson Dr,
Suite 200, Hudson
- White Pond Medical Center
One Park West Blvd,
Suite 130, Akron

Low-dose CT (LDCT) Procedure

- Low-dose CT Lung Screening - Initial screening
- Low-dose CT Lung Screening - Annual screening

Reason for Exam

- Z87.891 Personal history of nicotine dependence
- F17.210 Nicotine dependence, cigarettes, uncomplicated
- F17.211 Nicotine dependence, cigarettes, in remission
- F17.213 Nicotine dependence, cigarettes, with withdrawal
- F17.218 Nicotine dependence, cigarettes, with other nicotine-induced disorders
- F17.219 Nicotine dependence, cigarettes, with unspecified nicotine-induced disorders

Authorization

For patients meeting **all eligibility** criteria for an initial or annual LDCT (screenings are typically covered as preventive care)

- Insurance Preauthorization Required:

Auth # _____
CPT Code: 71271

Findings

A report of finding will be sent to the referring physician and patient.

Authorization

By signature, I am verifying the order of the patient for the exam(s) noted above:

Ordering Physician Signature _____ Date _____

Ordering Physician Printed Name _____

Ordering Physician NPI # _____

Ordering Physician Phone Number _____

Ordering Physician Fax Number _____

Lung Cancer LDCT Screening Patient Counseling & Discussion Guide

Benefits

What is a lung cancer screening test? A low-dose CT (LDCT) lung scan produces a 3D image of the lungs. Quick and painless, a LDCT lung scan is one of the most effective ways to detect early-stage lung cancer when there are no symptoms.

Why is a low-dose CT scan being recommended to detect lung cancer? With the 2012 completion of the randomized National Lung Screening Trial (NLST), evidence shows that screening with low-dose CT scans can reduce lung cancer mortality risk in high-risk individuals who have smoked and have no current symptoms of lung cancer, like a chronic cough. In the trial, a reduction of 20 percent in lung cancer mortality was observed.

Eligibility

Who should undergo a LDCT lung cancer screening? Following national guidelines, Summa Health recommends lung screening for the following high-risk patients with no current symptoms of lung cancer:

- **Current Smokers and Prior Smokers: Age 50-80:** Individuals who smoke, or smoked in the past 15 years, with a smoking history of 20+ pack-years.* (Eligibility criteria for Medicare, Medicaid and most insurance coverage.)

Why does it matter if I have symptoms? Certain symptoms, like a chronic cough, can be a sign that you have a lung condition that should be evaluated and treated prior to a screening. This helps to avoid false findings.

What if I don't fall into one of these categories? Talk with your primary care physician if you don't fit the criteria for screening because of your age or tobacco use, but feel you may be at risk. Discussion should include risks and benefits.

What are the risk factors for lung cancer? The most important risk factor for lung cancer is tobacco use. Over 80 percent of all lung cancers are estimated to be caused by tobacco smoking. That's why it is important to stop smoking or remain smoke free. Other risk factors include occupational exposure to agents such as asbestos, arsenic, chromium, nickel and radon; a personal history of cancer, COPD or pulmonary fibrosis, and a family history of lung cancer.

Screening

Do I need a LDCT lung screening exam every year? Yes. Annual screenings are recommended until age 80 for individuals who meet the criteria for a LDCT. Cancer screenings are most effective when annual scans are compared for changes.

Where can I go for a LDCT lung screening? Summa Health offers LDCT lung screening tests at convenient locations throughout Northeast Ohio.

Can I request a LDCT lung screening? Yes. Talk to your physician about lung cancer and ask for a referral for a "CT lung screening." Patients need a physician referral to schedule an appointment.

Does insurance cover the cost of a LDCT lung screening? Medicare, Medicaid and most private healthcare plans cover the cost of a LDCT scan if you meet the eligibility criteria. Preauthorization and a physician order are also required. Check with your provider for coverage. For patients not meeting the eligibility criteria, but who receive a physician order based on personal risk factors, check with your provider or contact us.

When will I get the results of my test? All screening LDCT scans are read by a board-certified radiologist. You and your physician will receive your results in about a week by phone and mail.

What happens if my LDCT lung screening lung scan shows an abnormal finding? Abnormal findings are primarily lung nodules. Remember that most abnormal findings are not cancer. To expedite your care, Summa Health created the Lung Nodule Program, led by a team of lung specialists including pulmonologists, radiologists, thoracic and surgical oncologists, medical oncologists, radiation oncologists, radiology interventionalists, pathologists and navigators. If there is an abnormal finding, your physician will be notified and our lung team will work with your physician to determine if a consultation with a pulmonologist (a physician specializing in lung conditions) or additional tests are recommended.

Does Summa Health offer smoking cessation programs? Yes. FREE classes are offered at multiple Summa Health locations. For a schedule or to register, call **234.475.QUIT (7848)** or visit summahealth.org/quitsmokingnow.

Risks of LDCT Screenings

Are there any risk factors to the LDCT lung screening scans? Similar to other cancer screenings, there are some risks and limitations of LDCT lung screenings.

- **Radiation exposure:** LDCT screenings use radiation to create images of your lungs. Radiation can increase a person's risk of cancer. By using special techniques, the amount of radiation in a lung screening is small - similar to a mammogram.
- **False negatives:** No test, including LDCT screenings, is perfect. It is possible that you may have lung cancer that is not found during your exam. This is a false negative test.
- **False positives:** LDCT screenings often find something in the lung that could be cancer but, in fact, is not. This is a false positive test. To make sure a finding is not cancer, you may need more tests.
- **Findings not related to lung cancer:** Your LDCT screening exam also captures images of areas of your body near your lungs. In a small percentage of cases, the scan will show an abnormal finding in one of these areas, such as your kidneys. This finding may not be serious; however, you may need to be examined further. Together, your physician and lung team determine if additional testing is recommended for you to consider and approve.

Smoking History – Determine Your Number of Pack-Years*

*A pack-year is defined as one pack (or 20 cigarettes) smoked every day for one year.

# Years of Smoking	# Cigarettes Smoked Daily			
	10 1/2 pack per day	20 1 pack per day	30 1 1/2 packs per day	40 2 packs per day
5	3	5	8	10
10	5	10	15	20
15	8	15	23	30
20	10	20	30	40
25	13	25	38	50
30	15	30	45	60
35	18	35	53	70
40	20	40	60	80
50	25	50	75	100



Questions? Call Summa Health's Lung Navigator at **330.375.6899** or visit summahealth.org/lungscreening.