

Workplace violence is on the rise. To better prepare employees in the event of escalating violence we are offering *Responding to Workplace Violence in Healthcare*, a simulation-based training. The simulation experience is very valuable. You will learn through the experience how you feel and react during this type of threatening situation. The goal of this experience is that you will be more conscious of threat potential and respond in a more proactive manner, potentially saving yourself and others from harm.

It is important to understand that the simulations are designed to be very intense and seemingly real. There is yelling, banging, and pounding on doors and tables. The actors in the simulations carry *realistic looking fake guns*. During the simulations, you may be yelled at, or threatened, and a (fake) gun may be pointed at you. The simulation will include the gun being “fired” (not real gun fire noise) and people being shot. We do not want to do harm or traumatize any staff members who participate.

The primary concern is your wellbeing. If at any time during the simulation, there is too much stimulation or it is affecting you in a negative way, you are able to say “stop” or “time out.” We will stop the simulation immediately. You will be able to leave and stop participating in the simulation. One of the instructors will debrief you and offer assistance. After the simulation, if you are having difficulty dealing with the events that occurred, please contact a member of the team for assistance.

All participants are required to complete a pre-screening self-assessment. Some personal experiences make us more vulnerable or sensitized to violence. Employees have the option to NOT participate in this training.

Please review the following instructions and questions to help determine if you want to proceed with registration and participate in the simulation or opt out and NOT participate.

Instructions: To consider your risk for emotional trauma from participating in class, consider your answers to the following questions. **If you answer “yes” to 5 or more of the questions, you might consider opting out and not participating.**

Ask yourself:	Yes	No
Have you ever experienced a traumatic event?		
Do you have upsetting thoughts that come to mind against your will?		
Do you have dreams about a traumatic event?		
Do you have bad feelings that are stirred up by reminders of the event?		
Do you have difficulty falling or staying asleep?		
Do you have irritable outbursts of anger?		
Are you obsessed with concern of potential dangers to yourself or others?		
Are you experiencing being unusually jumpy or startled by something unexpected?		
When reminded of a traumatic event, do you have a fast heartbeat, stomach churning, sweatiness, or dizziness?		
Have you experienced times when you are acting or have feelings as though a traumatic event is happening again?		
Total		

Please provide your selection below:

_____ I have reviewed the course information provided and assessed my risk for emotional trauma from participating in the Responding to Workplace Violence in Healthcare. I am aware that plastic/fake, yet realistic looking handguns, and realistic simulations of violence will be used in this course. I voluntarily agree to participation.

_____ I am opting out of the course: Responding to Workplace Violence in Healthcare. I understand that this will not count against me or my employment in anyway.

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