

Instructions: Please select your response to the following questions.

1. The acronym "A.B.L.E." stands for:
 - a. Achieve, Barricade, Lean, Evaluate
 - b. Accept, Block, Leave, Evaluate
 - c. **Accept, Barricade, Leave, Engage ✓**
 - d. Act, Block, Lean, Engage
2. *Accepting* that the violent act is really happening is the first step in being able to respond to protect yourself and those around you.
 - a. **True ✓**
 - b. False
3. Learning about how to respond to workplace violence can trigger anxiety and/or trauma.
 - a. **True ✓**
 - b. False
4. OSHA considers workplace violence to be physical acts of violence, not merely a threat of violence.
 - a. True
 - b. **False ✓**
5. OSHA considers workplace violence to include which of the following (select the best answer):
 - a. Physical violence
 - b. Harassment
 - c. Intimidation
 - d. Threatening or disruptive behavior
 - e. **All of the above ✓**
6. According to OSHA, around 75% of workplace violence assaults occurring each year are against healthcare workers.
 - a. **True ✓**
 - b. False
7. Physically engaging an aggressor should only be done as a last resort.
 - a. **True ✓**
 - b. False

8. The average duration of an active shooter is 3-4 minutes, where the average police response time to an active aggressor is 5-20 minutes.

- a. **True ✓**
- b. False

9. You should call the police to report a violent situation as soon as it is safe to do so.

- a. **True ✓**
- b. False

10. Once you call in a report of a violent situation, you do not need to call again to provide additional information or updates/changes to the situation.

- a. True
- b. **False ✓**

11. List 5-10 details about an aggressor you should try to notice and provide to law enforcement to help describe the aggressor:

Examples include:

- Type of weapon
- Gender and build
- Race & age
- Height & weight
- Hair color & style
- Clothing type & color
- Facial features, scars, or tattoos
- Physical injury or impairment
- Glasses or mask
- Voice or accent
- Jewelry or other items carried

12. If you experienced a workplace violence situation today that involved a hostage, person with a weapon, or active shooter, how prepared do you feel overall?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

(Answers will vary)

13. How prepared do you feel you are to protect yourself?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

(Answers will vary)

14. How prepared do you feel you are to protect your patients, visitors, or clients?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

(Answers will vary)

15. How confident are you in your ability to immediately be able to get or provide help during a workplace violence situation?

1	2	3	4	5
Not at all	Somewhat	Fairly well	Well	Very well

(Answers will vary)