

Naltrexone Protocol

Patient identified as being alcohol, opioid or methamphetamine dependent



Last opioid use $\geq$ 7 days

Confirm with OARRs

(-) COWS/CIWA

Not at risk of alcohol withdrawal



Check urine drug screen, serum ETOH, LFTs and HCG

(+) opioids- PATIENT DOES NOT QUALIFY

(+) ETOH- assess for risk of alcohol withdrawal

LFTs > 4-5x ULN OR hepatic failure - PATIENT DOES NOT QUALIFY

(+) HCG - PATIENT DOES NOT QUALIFY



Patient meets with ACC to assess willingness to enter program/ schedule follow-up appointments



Administer Naltrexone 25-50mg POx1 test dose

If tolerated, send patient with Rx for naltrexone 50mg PO daily

- This protocol encompasses all three uses: alcohol, opioids and methamphetamine use
- Patients who were able to abstain from alcohol for 3-5 days prior to initiation had better success rates in clinical trials
- Naltrexone will not treat withdrawal from alcohol, methamphetamines or opioids
- Do not use Naltrexone with opioid use within 7 days
- 25mg – 50mg test dosage may help with less severe symptoms of precipitated withdrawal