The KNOWN and UNKNOWN of STROKE

STROKE is an interruption of blood flow to the brain. Without oxygen-rich blood, brain cells die.

Types of Stroke

HEMORRHAGIC
Occurs when a weakened blood vessel, like an aneurism, RUPTURES AND SPILLS BLOOD into the brain.

ISCHEMIC
Occurs when a clot or mass BLOCKS A BLOOD VESSEL, cutting off blood flow to a part of the brain.

About 1/3 of ISCHEMIC STROKES are classified as CRYPTOGENIC, meaning the cause is unknown.

Finding the cause of a stroke is important because it helps reduce the risk of another stroke.

Possible Hidden CAUSES

- Irregular heartbeat (Atrial Fibrillation)
- AFib patients are at a 5X GREATER RISK FOR STROKE.
- Heart structure problem (such as Patent Foramen Ovale)
- Blood clotting disorder (Thrombophilia)
- Hardening of the arteries (Large Artery Atherosclerosis)

Sources:

FIND THE FACTS at StrokeAssociation.org/CS