



Alvaro  
brain care patient

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## Acting Fast Helped to Save Alvaro's Life

An aneurysm nearly took everything. Now, he's back to being a husband and father.



Dilli  
orthopedic patient

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## Back in the Game

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## Where Passion Meets Purpose Nursing Careers at Summa Health



**Be part of a team that champions your growth and recognizes your impact every day.**

At Summa Health, you'll collaborate with compassionate nurses, gain ongoing professional development and shape the future of healthcare – all while enjoying comprehensive benefits.

Learn more about nursing careers at Summa Health. Connect with a recruiter at [summacareers@summahealth.org](mailto:summacareers@summahealth.org) or visit [summahealth.org/careers](http://summahealth.org/careers).

# Ready for Shorts Season?

## What to Know About Varicose Veins

As summer arrives and hemlines rise, many people start thinking about showing a little more leg. If you're noticing bulging, twisted veins on your legs, you're not alone. Varicose veins affect millions of adults – and while they may be a cosmetic concern for some, they can also signal an underlying vein condition that deserves attention.

### Common Symptoms

Varicose veins aren't always painful, but they can cause:



Aching, heavy or tired legs



Throbbing or cramping



Swelling in lower legs or ankles



Itching or skin discoloration

Symptoms often worsen after long periods of standing or sitting.

### When It's More Than Cosmetic

Left untreated, vein disease can progress. Signs that it's time to see a vascular specialist include:



Persistent or worsening leg swelling



Red, painful surface clots (superficial thrombophlebitis)



Bleeding from a vein close to the skin



Open sores (venous ulcers) that are slow to heal



Sudden leg pain or swelling, which could signal a deep vein thrombosis (DVT) – a medical emergency



Skin darkening or thickening near the ankles



### What Are Varicose Veins?

Varicose veins are enlarged, rope-like veins that most often appear on the legs and feet. They develop when tiny one-way valves inside the veins weaken or stop working. Instead of flowing smoothly back to the heart, blood pools in the vein, causing it to stretch and become visible beneath the skin.

### Safe, Effective Treatment

The good news? Varicose veins are highly treatable. Today's vein treatments are quick, outpatient procedures that allow most patients to return to normal activities shortly afterward.

If leg discomfort, swelling or visible veins are keeping you from feeling confident this summer, don't ignore the signs. Vein disease is progressive, but it's very manageable when treated early.

Schedule an appointment with the Summa Health Vascular team today and step into the season feeling your best. Call **866.314.9181** or visit [summahealth.org/vascular](https://summahealth.org/vascular) to learn more!



“

I'm feeling very blessed for all the doctors, the nurses, all they did for me. I say, 'thank you.'

”

Alvaro  
brain care patient



# Acting Fast Helped to Save Alvaro's Life

**O**n top of his roles as a husband and father, Alvaro also cultivates and transforms green spaces as a landscaper who works in the Akron area.

During an otherwise normal day at work with his cousin, Alvaro's health took a dramatic turn for the worse. He began feeling dizzy and experienced a sensation of pressure inside his head. As his symptoms continued to worsen, Alvaro began vomiting and ultimately passed out. Fearing the worst, his cousin rushed him to the Summa Health Emergency Department where they were met by experts from the neuroscience team.

His cousin made the right choice. A CT scan revealed that Alvaro had blood in his brain called a subarachnoid bleed. He was also developing hydrocephalus, a condition which can be fatal within minutes. An external drain (known as a ventricular drain) was immediately inserted at his bedside. This drain helped to relieve the pressure this bleed was causing within Alvaro's brain while preparations were being made for surgery.

Alvaro was rushed to Summa Health's neurointerventional suite for a surgical coiling procedure meant to stop this aneurysm's chance of a rebleed. Alvaro's brain continued to bleed until the procedure was complete, making it one of the most complicated cases Dr. Aashish Anand, a Summa Health neuroendovascular surgeon, had ever seen.



**Aashish Anand, M.D.**  
Neurointerventional  
Surgery

The surgeons wouldn't have a clear picture of what Alvaro's recovery would be like until he woke up from the procedure. Dr. Anand was surprised by what happened next.

"As soon as the anesthesia wore off," Dr. Anand said, "he was wide awake and stated that he wanted to go home. His recovery was like a miracle. He had no neurological damage."

At the time, Alvaro and his wife had a new baby on the way. As he was being admitted to the hospital his wife feared the worst, but is now thankful for Alvaro's fast recovery.

"I'm feeling very blessed for all the doctors, the nurses...oh my, all they did for me. I say, 'thank you,'" Alvaro said.

It was fortunate that his cousin acted quickly and brought Alvaro to Summa Health. The expert care he received from the Summa Health Neuroscience Institute team made sure he was able to be there for the birth of their new baby girl. Today he's back landscaping, and more importantly, he's able to be with his family.

Aneurysms can happen to anyone, and can sometimes appear without any significant warnings. If you are concerned that you or a loved one may be having an aneurysm, seek emergency medical care right away or call **911**. To learn more about these conditions and their treatments, visit [summahealth.org/brain](https://summahealth.org/brain) or call **888.236.4052** to make an appointment with the Summa Health Neurology and Neurosurgical Care team.

## Why is it important to **B.E. F.A.S.T.**



Alvaro's story speaks to the importance of seeking care fast when you are experiencing the signs of an aneurysm or any type of stroke. While an aneurysm can be a dangerous health condition all on its own, if an aneurysm is not treated fast enough, it can lead to additional complications such as an ischemic stroke, which can progress to possible permanent brain damage, lifestyle changes, even death.

The **B.E. F.A.S.T.** acronym was created to help people remember these SUDDEN signs of a stroke.

Those signs include:



**Balance**  
Loss of balance,  
dizziness



**Eyes**  
Change in vision



**Face**  
Facial drooping or  
a severe headache



**Arms**  
Weakness or numbness in  
an arm (or leg) on one side  
of the body



**Speech**  
Problems such as difficulty  
getting words out or slurring



**Time**  
If you or anyone you are with  
experience any of the above  
signs, it's time to call 911

You should always call 911 right away for signs or symptoms of stroke. The **911** dispatchers and EMS will call ahead to let Summa Health know a potential stroke patient is coming and our specialized stroke team will be waiting. That type of speed and care coordination saves lives.

To learn more about Summa Health's award-winning stroke care, visit [summahealth.org/stroke](https://summahealth.org/stroke).

# We're Growing to Better Serve You

## Summa Health Green

1790 Graybill Rd, Suite 100, Uniontown, OH 44685



### Breast Care

Eve Klenotic, D.O., has joined the Summa Health breast team and offers services to patients in Green. She provides coordinated access to high-quality, personalized care for any breast concern – from benign conditions to an abnormal mammogram, to diagnosis, treatment and survivorship for breast cancer, including for high-risk patients. Screening mammograms and MRIs are conveniently available at the same location. [Call 866.314.9191 to schedule an appointment.](tel:866.314.9191)



Eve Klenotic, D.O., has joined the breast team



### Neurosurgery Office Visits

While all neurosurgery procedures still take place at Summa Health System – Akron Campus, our neurosurgery team is conducting office visits at our Green location, beginning June 1, 2026. Neurosurgery is an innovative field that focuses on diagnosing, treating and rehabilitating patients with nervous system disorders. Summa Health has a team of experts focused on helping patients with disorders affecting the brain, spinal cord and central and peripheral nervous systems. [To schedule an appointment, visit summahealth.org/neurosurgery or call 888.236.4052. No referral necessary.](https://summahealth.org/neurosurgery)

### Examples of the neurosurgery disorders we treat include:

#### Brain



- Aneurysm
- Benign and malignant brain tumors
- Epilepsy
- Brain hemorrhages
- Stroke
- Traumatic brain injuries



#### Spine

- Herniated disc
- Sciatica
- Spinal tumors
- Spine injuries
- Vertebral fractures



#### Nervous system

- Carpal tunnel syndrome



### Vascular Care

If you're experiencing pain, swelling or other symptoms related to poor circulation, expert care is close to home. Summa Health vascular specialists diagnose and treat conditions affecting the arteries and veins – including circulation problems, blockages, aneurysms and varicose veins. Talk with your primary care provider about a referral or schedule a consultation today. [Call 866.314.9181 to make an appointment at our new Green location or at our Akron or Barberton offices.](tel:866.314.9181)



## Summa Health Orthopedic Rapid Care

2875 W Market St, Suite B, Fairlawn, OH 44333

Same building as Summa Health Fairlawn Urgent Care

Get fast evaluation and treatment for muscle, bone and joint injuries at our new Orthopedic Rapid Care – no appointment needed. With walk-in services, you'll be seen quickly, expertly treated and, if needed, seamlessly connected to our full orthopedic team for next-step care.



**No appointment necessary.**

Monday – Friday: 10 a.m. – 6:30 p.m.

Saturday – Sunday: 9 a.m. – 4:30 p.m.

**866.314.9192**

[summahealth.org/orthorapid](http://summahealth.org/orthorapid)




## Summa Health Menopause Care Clinic


Summa Health System – Akron Campus, 95 Arch St, Suite 270, Akron, OH 44304


**Opens  
in July**


Summa Health's new Menopause Care Clinic is opening to support individuals navigating perimenopause and menopause with specialized, coordinated care. The center is designed to meet the unique needs of patients experiencing hormonal changes and menopause-related symptoms.


To further support patients, the center will include a nurse navigator who can help coordinate care, answer questions and assist with scheduling follow-up services before patients leave their visit.

 Hormone replacement therapy (HRT) education and management

 Evaluation and referral for sleep concerns and weight management

 Coordination with cardiology, physical therapy and behavioral health services as needed

 Guidance on non-hormonal treatment options

 Access to lab services and other supportive specialties through established referral relationships

### Providers:



**Jenifer Byrnes, D.O.**



**Edward Ferris, M.D.**



**Sevasti Yeropoli, M.D.**

To schedule an appointment, call **866.314.8926**. No referral necessary.

## Summa Health Epilepsy Care Expands in Akron

500 Portage Lakes Dr, Suite B, Akron, OH 44319

Summa Health's Epilepsy Center now offers office visits at our Portage Lakes location. Our multidisciplinary team provides comprehensive care from evaluation and diagnosis through treatment and ongoing support for epilepsy, related conditions and non-epileptic seizures. Treatments include medication, special diets and psychiatric services. We also offer noninvasive evaluations for surgical options, including responsive neurostimulation and Vagus Nerve Stimulation. Talk to your primary care provider about a referral to schedule a consultation.

To schedule an appointment, visit [summahealth.org/epilepsy](http://summahealth.org/epilepsy) or call **866.484.9157**.



# Is It REALLY Allergies OR a Sinus Problem?

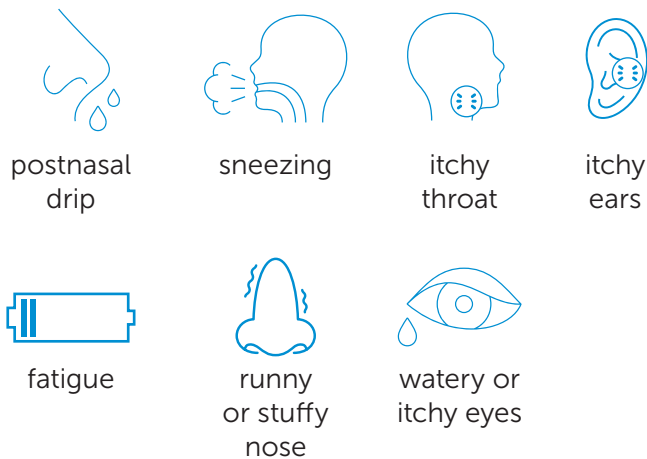
A sneeze, snuffle and congested feeling can prompt the question: "Is this seasonal allergies or sinus problems?" Their similarities can make it challenging to identify the culprit. But understanding how to differentiate between the two can make it easier to seek the appropriate treatment and find relief.



## Seasonal allergies

Also known as hay fever or allergic rhinitis, occur when your immune system overreacts to allergens in the environment. Common triggers include pollen from trees, grasses, and weeds, as well as mold spores.

Seasonal allergies symptoms include:

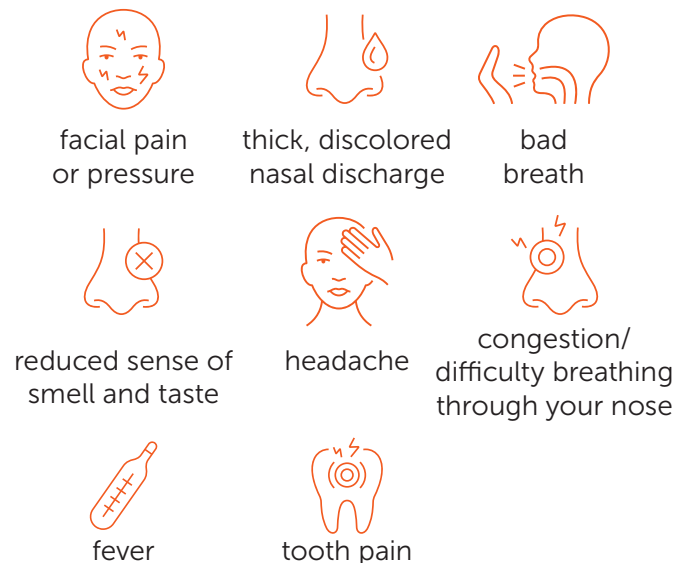


Seasonal allergy flareups typically occur when plants pollinate. For instance, trees are known to pollinate in the spring, grasses pollinate in the summer and weeds pollinate in the fall. If you find that your symptoms follow a predictable pattern each year, it is likely because of seasonal allergies. Individuals can have allergic reactions to one, several or all pollen types. Allergy symptoms to an indoor allergen such as dust can occur all year round and be worse in the winter.

## Sinus problems or sinusitis

Occurs when the nasal passages become inflamed and swollen. This inflammation can be caused by infections (viral, bacterial or fungal), allergies or other factors such as a deviated septum.

Sinus problems symptoms include:



Sinus infections can occur at any time of the year and are often triggered by a viral cold or other respiratory infection. They can also be triggered by poorly controlled allergy symptoms. Chronic sinusitis, which lasts for more than 12 weeks despite treatment, can be caused by ongoing inflammation or structural issues in the nasal passages.



If you are unsure whether you have seasonal allergies or sinus problems, it is important to consult with an ENT specialist. They can perform a thorough examination, review your medical history and may suggest allergy testing or imaging studies to determine the cause of your symptoms.

Learn more about the high-quality care the Summa Health Ear, Nose and Throat (ENT) team provides and request an appointment at [summahealth.org/ent](https://summahealth.org/ent) or call **866.584.5563**.

# Addiction Recovery Starts with One Step. We're Here to Take It With You.

Drug addiction, also known as substance use disorder, is a disease that changes the brain, affects behavior and makes it hard to control the use of substances like alcohol, marijuana, nicotine, prescription medications or other drugs. If you feel stuck in a cycle of use despite the harm it causes, you're not alone. And help is closer than you think.

At Summa Health, we understand that every person's experience with addiction is unique. That's why our addiction medicine specialists work with you to build a treatment plan tailored to your needs, goals and circumstances. Recovery isn't one-size-fits-all — your care shouldn't be either.

The Summa Health Behavioral Health Institute offers a full spectrum of services including:



**14 bed inpatient detox unit** with private rooms, addiction-focused education and group activities



**Specialty services** include medication-assisted treatment — from Vivitrol® to Sublocade® and Brixadi® — paired with counseling to manage cravings and support long-term recovery.  
Locations: Akron and Barberton



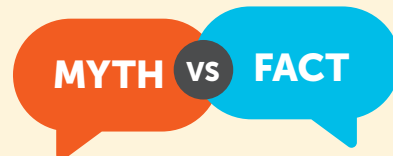
**Intensive Outpatient Program (IOP)** offers group therapy three days a week, with a specialized track for individuals also managing depression, anxiety or trauma  
Locations: Akron, Barberton, Hudson



**First Step Program available 24/7** in our Akron, Barberton, Green and Wadsworth Emergency Departments to treat symptoms, ease cravings and connect you with your next level of care before you leave the hospital

Whenever you're ready, we're here to help you take the first step toward healing. To learn more visit [summahealth.org/addiction](http://summahealth.org/addiction) or call **866.314.8941**.

## Pap Test vs. HPV Test vs. Pelvic Exam What's the Difference?



**A pelvic exam is the same as a Pap test.**

**A pelvic exam checks the female anatomy and assesses your reproductive health.**

If you've ever wondered why a routine gynecology visit can include multiple exams, you're not alone. The Pap test, HPV test and pelvic exam each serve a different role in protecting your health.

**Pap Test**

- Detects abnormal cells on the cervix
- Screens for cervical cancer risk
- Helps catch precancerous changes early

**HPV Test**

- Checks for high-risk human papillomavirus (HPV) — the virus responsible for most cervical cancers
- Identifies cancer-causing strains
- Monitors HPV infection

**Pelvic Exam**

- Examines reproductive organs
- Checks for cysts, fibroids, infection
- Evaluates pelvic health

These exams are often done at the same visit, but they are not interchangeable. Each answers a different question about your body. Age, health history and past results all factor into which tests you need and how often.

If something isn't clear, ask. Understanding the purpose of each exam helps you take an active role in your care. To schedule an appointment with a women's health provider, call **866.314.9186**.

# Technological Innovations: Healthcare Unlocked

## How AI is Helping Detect Sepsis Earlier



Sepsis is a life-threatening response to infection that can lead to organ failure and, in severe cases, septic shock – a dangerous drop in blood pressure. Early symptoms are often subtle, making sepsis difficult to detect, especially in busy emergency departments.

At Summa Health, artificial intelligence helps clinicians act faster. A machine learning algorithm continuously monitors patients' vital signs through the electronic medical record starting at registration. This 24/7 system spans four emergency departments across two hospital systems, sending immediate alerts to care teams and a specialized sepsis nurse when warning signs appear.

These nurses ensure timely labs, antibiotics and other critical steps. A nurse-driven protocol enables emergency nurses to begin treatment right away, supported by automated reminders that keep care on track.

Since launching the program in 2021, Summa Health has:

**HEALTHCARE UNLOCKED:**  
INNOVATING THE CARE EXPERIENCE



**Increased compliance**  
with national  
treatment standards  
from 44% to 80%



Sepsis is a leading cause of hospital deaths. Risk increases by up to 9% for every hour treatment is delayed.



**Reduced sepsis mortality**  
by nearly 50%



Maintained one of the **lowest 30-day sepsis readmission rates** in Ohio – and among the lowest nationally



Earned  
**12 Five-Star Ratings**  
from Healthgrades for sepsis treatment



By pairing advanced technology with expert care, Summa Health is helping save lives – one second at a time.



## HEALTHCARE UNLOCKED:

INNOVATING THE CARE EXPERIENCE

To learn more, scan this QR code or visit [summahealth.org/healthcare-unlocked](https://summahealth.org/healthcare-unlocked) and watch our videos.



# Smart Robots Helping Care Teams on the Akron Campus

Summa Health Laboratories and the Cancer Institute are using new technology to support patient care across the Akron Campus. You may notice small, self-driving robots moving through hospital hallways, bridges and lobbies. These robots are part of an investment in advanced tools designed to make care safer, faster and more efficient.

The robots, called ZenaRx Autonomous Mobile Robots (AMRs), help transport important laboratory specimens — such as blood, urine and tissue samples — inside secure compartments. By handling these routine deliveries, the robots help ensure samples arrive where they need to go while allowing care teams to spend more time focused on patients.

Using artificial intelligence (AI) and a variety of sensors, the robots are able to “see” their surroundings and safely move around people and obstacles. They are designed to travel at safe speeds and automatically stop if anything crosses their path, thanks to a visible blue light safety perimeter. This technology helps keep patients, visitors and staff safe in busy public areas of the hospital.

By combining smart technology with thoughtful safety features, these robots support a more modern healthcare experience, working quietly in the background so caregivers can focus on what matters most: caring for you.

## HEALTHCARE UNLOCKED:

INNOVATING THE CARE EXPERIENCE



Using artificial intelligence (AI) and a variety of sensors, the robots are able to “see” their surroundings and safely move around people and obstacles.

Find our robots - Waldo, Poppy and Sandy - moving throughout our hospital





Dilli  
orthopedic  
patient

“  
I’m so grateful  
that Dr. Rabe  
is my surgeon...  
he’s always been  
there for me.  
”



# Back in the Game

After years of hip pain, one young athlete finds relief – and renewed purpose.

Soccer. Volleyball. Cricket. For 26-year-old Dilli, sports have always been a big part of life – both as a player and a coach. But chronic hip pain kept him sidelined for years.

A former resident of Lancaster, PA, Dilli had already seen numerous doctors and undergone multiple unsuccessful procedures on his right hip before meeting Joseph Rabe, M.D., an orthopedic sports medicine surgeon at Summa Health. What stood out to him from the start was how Dr. Rabe truly listened, understood his goals and was committed to finding the best possible solution.

In December 2023, Dr. Rabe performed a hip scope and labral repair on Dilli’s left hip. The results were life-changing. His pain was gone. To further support his recovery, Dr. Rabe recommended

radiation therapy and personally coordinated care with the Summa Health Cancer Institute to ensure everything went smoothly. He remained closely involved throughout the process, following up to monitor Dilli’s progress.

“I am so grateful that Dr. Rabe is my surgeon,” Dilli says. “I’ve been with him two to three years, and he’s always been there for me.”

While Dilli continues to experience some discomfort in his right hip, Dr. Rabe is reviewing records from previous surgeries and exploring additional treatments options – a level of commitment that reassures Dilli about the road ahead.

That dedication meant even more in May 2025, when Dilli married. As part of his Nepalese tradition, he needed to sit cross-legged during the ceremony. Dr. Rabe

made sure he could do so comfortably and without pain. At his next appointment, the first thing Dr. Rabe asked about was the wedding – an act of kindness Dilli will never forget.

Today, Dilli is back on the field playing soccer and cricket. He also runs a home health business serving older adults and works as a job coach for youth with disabilities – giving back to the community he cares about deeply. Thanks to Summa Health’s compassionate, coordinated care, Dilli has regained more than mobility – he’s regained momentum.

To learn more about Summa Health Sports Medicine, visit [summahealth.org/ortho](https://summahealth.org/ortho) or call **866.314.9193** to make an appointment with the Summa Health Orthopedics Sports Medicine team.

# Stay Ahead of Sports Injuries



Warmer months mean more time outdoors – from soccer and baseball to tennis, golf and running. As activity increases, so do the demands on your shoulders, knees and tendons. Knowing common sports injuries – and when to seek care – can help you stay active all season long.



## ACL Injuries

The ACL stabilizes the knee during cutting and pivoting. A sudden twist can cause a tear. Reconstruction may be recommended for active individuals, followed by several months of rehabilitation to safely return to activity.



## Rotator Cuff Injuries

Repetitive overhead motions like pitching or serving put stress on the rotator cuff. Ongoing shoulder pain, weakness or catching may signal a tear. Many cases improve with rest and therapy. When needed, minimally invasive arthroscopic surgery can repair the tendon and support faster recovery.



## Tendon Injuries

Overuse injuries like Achilles tendinitis develop gradually and can worsen without care. Early treatment helps prevent long-term damage. Severe cases may require surgical repair.



## Other Knee & Shoulder Injuries

Meniscus tears, instability and dislocations can occur even with training. Treatment may include therapy, injections or surgery to restore joint stability and reduce future risk.

## Stretching and proper technique are key to prevention.

If pain lingers, the sports medicine specialists at Summa Health offer advanced treatments and personalized rehabilitation to help you recover safely.



**Joseph Rabe, M.D.**  
Orthopedic  
Surgery Sports  
Medicine



**Ryan Urchek, M.D.**  
Orthopedic  
Surgery Sports  
Medicine



## Don't let pain sideline you.

Visit [summahealth.org/sportsmedicine](https://summahealth.org/sportsmedicine) or call **866.314.9193** to schedule an appointment. And take the first step toward healing.



# Individual & Family Plans

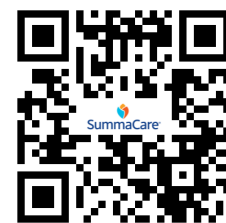
**Affordable health insurance coverage for what matters most. It's more affordable than you think!**

If you think you have to wait until the Open Enrollment Period in November to enroll or change your health plan, there's good news. Certain life events can qualify you to enroll during a **Special Enrollment Period**, so you don't have a lapse in health coverage.

## You may qualify for a Special Enrollment Period if you:

- Just got married
- Moved to a new residence
- Recently had a baby or adopted a child
- Lost your job
- Recently divorced
- COBRA health plan expired
- Recently released from incarceration
- Aged off parents' health plan
- Lost Medicaid or CHIP
- Experienced loss of minimum essential coverage
- Experienced the death of a spouse
- Gained access to an ICHRA offer
- Offered a QSEHRA
- Became a legal citizen (legal resident)
- Had a change in household income
- Are a member of a federally recognized tribe

Visit [summacare.com/exploremarketplace](https://summacare.com/exploremarketplace) or call **888.291.3787 (TTY 711)** to learn more about SummaCare Individual & Family plans.



## 2026 Special Enrollment Period Now through October 31

**Open Enrollment Period**  
November 1 to December 15\*



\*2027 Open Enrollment Dates will be different than 2026. During the OEP, you must enroll by December 15 for coverage beginning January 1, 2027.

# The Screenings



# Every Male Should Know About

When it comes to cancer, early detection can make a life-saving difference. Many cancers develop quietly and may not cause noticeable symptoms until they are more advanced. That's why regular screenings are so important. Screening tests help detect cancer before symptoms appear, when treatment is often most effective.

Skipping recommended screenings can increase your health risks. Staying informed and proactive about your health can help you detect potential problems earlier and improve outcomes.



Here are several important cancer screenings men should know about:



**Prostate cancer** is one of the most common cancers in men, particularly after age 50. Screening typically involves a prostate-specific antigen (PSA) blood test and, in some cases, a physical exam. Your provider can help determine when screening should begin based on your age and risk factors.

**Testicular cancer** most often affects younger men, typically between ages 15 and 35. Regular self-exams and routine checkups can help identify unusual lumps or swelling early. When detected early, testicular cancer has a very high cure rate.



**Colorectal cancer** screening is recommended beginning at age 45. Screening options may include colonoscopy or stool-based tests, which can detect cancer or precancerous polyps before they develop into something more serious.

**Lung cancer** remains the leading cause of cancer-related deaths. Adults ages 50 to 80 who currently smoke or have a significant smoking history may benefit from annual low-dose CT screening. This test can detect lung cancer at earlier, more treatable stages.



Talk with your healthcare provider about which screenings are right for you based on your age, medical history and risk factors. Most screenings are quick and straightforward—and they can play a crucial role in protecting your long-term health. To learn more about cancer screenings, visit [summahealth.org/cancerscreening](https://summahealth.org/cancerscreening).

## Community Events Calendar

Summa Health is honored to both be a part of the Akron community and to offer a wide variety of events for our friends and neighbors throughout the area. The community events page of our website features a useful calendar with a color-coded key to easily identify the different event types.



To learn more and view the full calendar

 Visit [summahealth.org/events](https://summahealth.org/events)

 Scan QR code

# Summa Health Receives Healthgrades Accolades

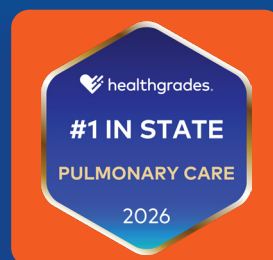
Healthgrades, an organization that helps consumers find quality care, have revealed their 2026 hospital and specialty ratings. Annually, Healthgrades evaluates approximately 4,500 hospitals across the nation; the awards received from these evaluations are based on hospital patient outcomes for 30 of the most common health conditions. These evaluations are based on patient outcomes. As a part of that evaluation, Summa Health received several awards including being named one of **America's 50 Best Hospitals for 2026**. As a result of its consistently superior patient care, Summa Health has attained the highest achievement Healthgrades offers, placing the organization **in the top 1 percent of U.S. hospitals** for overall care excellence for the third consecutive year.



Among Summa Health's distinctions are the **America's 100 Best Hospitals** awards received in **six different areas of care**, including:

- Cardiac Care (new in 2026!)
- Critical Care (nine years in a row)
- Gastrointestinal Care (four years in a row)
- Gastrointestinal Surgery (three years in a row)
- Pulmonary Care (seven years in a row)
- Stroke Care (seven years in a row)

Summa Health received **five number one in Ohio Healthgrades rankings** for the following specialties:



For more information about Summa Health's awards, visit [summahealth.org/awards](https://summahealth.org/awards).

## Important Health Information —

# Just an Email Away

Summa Health's monthly email newsletter, *eVitality*, is filled with the latest health tips, advice and updates. If you'd like to sign up for this newsletter, visit [summahealth.org/vitality](https://summahealth.org/vitality).



Or find us on any of these social channels.

