



Ignatia Hall

Sister Ignatia, hospital administrator of Summa St. Thomas Hospital, and Dr. Bob Smith, a skilled surgeon and co-founder of Alcoholics Anonymous, made history when they admitted the first alcoholic patient to St. Thomas Hospital in 1939.

It was then that they established a methodology of medical treatment that included the use of a 12-step recovery program and philosophy to treat mind, body and spirit. This methodology has since spread throughout hospitals globally, making Summa Health System a world leader in the treatment of alcoholism.

Call (330) 379-9841 to learn more.

Ignatia Hall Chemical Dependency Program (Akron)
Summa St. Thomas Hospital
444 North Main Street • Akron, Ohio 44310

Call (330) 491-9215 to learn more.

Ignatia Hall Chemical Dependency Program (Canton)
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SUMMA CENTER FOR
BEHAVIORAL HEALTH



Ignatia Hall Chemical Dependency Program

Easing the pain for you and/or someone you love.



How do you know if you need help?



At least one in ten people will experience a problem with alcohol or drugs in their lifetime. One in four families will be affected by someone's drinking or drug use.

Ask yourself the following four questions:

1. Have you had feelings of guilt or remorse after drinking or drug use?
2. Has a friend or family member ever told you about things you said or did while you were drinking or taking drugs that you could not remember?
3. Have you failed to do what was normally expected of you because of drinking or drug use?
4. Do you sometimes need to take a drink or drug when you first get up in the morning?

If you answered "yes" to one or more of these questions, it's time to talk to someone about your alcohol or drug use.

Ignatia Hall Treatment Options

Inpatient Detoxification:

This process removes the alcohol or drugs from one's body and can take from one to three days or more depending on the drug, amount and daily use. Inpatient detoxification is available only at Summa St. Thomas Hospital.

Outpatient Assessment Service:

Our Assessment & Referral Service includes a comprehensive mental health and substance abuse interview by a licensed professional and individualized treatment recommendations to get you connected to the services you need.

Intensive Outpatient Programs:

Getting off drugs or alcohol is a challenge, and staying off them requires more than willpower. Our outpatient programs, located in Akron and Canton, average 12 to 16 sessions over four weeks and include three-hour meetings four days a week plus a weekly family program. Morning, afternoon and evening programs are available and include group therapy, individual therapy, random drug/alcohol screens and 12-step program attendance.

Opiate Treatment:

For patients who meet admission criteria, this may be the answer for individuals abusing opiate drugs such as prescription pain medications. The recovery process usually begins with an outpatient assessment followed by an overnight hospital stay for medication induction. Up to five weeks of attendance at our Intensive Outpatient Program, family participation, 12-step attendance, medication management and random drug testing are core program components. Once weekly Group Therapy may follow for up to 12 weeks.

Free weekly aftercare is available for up to one year.