Young Women and Breast Cancer
Unique Issues and Choices

Fewer than five percent of all breast cancers diagnosed in the U.S. occur in women under 40, according to the American Cancer Society. With today’s treatment options, young women have a good chance of living for many years. Multiple factors play a role in the choice of treatment options for young women including age, tumor grade, fertility preservation, genetics and breast conservation (lumpectomy versus mastectomy). These issues and choices require thoughtful planning and can be overwhelming.

While our breast cancer specialists can provide support and education, there are also many educational resources for young women with breast cancer that may be helpful including:

Fertile Hope
65 Broadway, Suite 603, New York, NY 10006. 1-888-994-HOPE (4673)
http://www.savemyfertility.org
Dedicated to providing reproductive information, support and hope to cancer patients and survivors whose medical treatments present the risk of infertility.

I’m Too Young For This
www.imtooyoungforthis.org
Mission is to empower young adults affected by cancer by ending isolation, improving quality of life and providing meaningful survivorship.

Shay Sharpe’s Pink Wishes
www.shaysharpepinkwishes.org

Stupid Cancer
www.stupidcancer.org

Tigerlily Foundation
www.tigerlilyfoundation.org
Resources for information and education that may be helpful to young women with breast cancer (continued):

**Ulman Cancer Fund for Young Adults**
5575 Sterrett Place, Suite 320, Columbia, MD 21044.
410-964-0202 and 1-888-393-FUND (3863)
http://www.ulmanfund.org/
*Connects young adults affected by cancer.*

**Young Cancer Spouses**
4422 Holt
Bellaire, TX 77401
www.youngcancerspouses.org
*Young Cancer Spouses’ mission is to bring together young spouses of adults with cancer to share information, support, and experiences.*

**Young Survival Coalition**
61 Broadway, Suite 2235
New York, NY 10006
646-257-3000 (phone)
877-YSC-1011 (toll-free)
646-257-3030 (fax)
e-mail: info@younsgsurvival.org
www.youngsurvival.org
*Dedicated to the concerns and issues unique to breast cancer survivors 40 and under.*